



Women in martial arts. See page 12

October 26, 1994

St. Michael's College Student Newspaper

Volume XIX, Issue 5

The DEFENDER

GLOBAL NEWS

Fighting in Bosnia hurts both sides

SARAJEVO, Bosnia-Herzegovina - Bosnian army forces were accused Sunday of expanding their front lines around Sarajevo in violation of a U.N.-brokered agreement with Bosnia's Serbian rebels.

The Bosnians, angry that Sarajevo remains besieged after more than three years of war, contend that infractions by their Serb enemies are being played down by the United Nations.

The Bosnian Serb news agency, SRNA, said several Serbs were wounded and government troops killed in clashes near Bugojno in central Bosnia.

More than 200,000 people are dead or missing in the war.

Terrorist killing permitted by PM

JERUSALEM -- Israeli officials say Prime Minister Yitzhak Rabin has given security forces permission to kill Muslim terrorist leaders.

The officials say Rabin is targeting the Hamas military leaders who are waging war against Israelis. It follows the bombing of a Tel Aviv bus, which killed 22 people. Hamas took responsibility.

A Washington-based expert on Islamic fundamentalism, Steven Emerson, said Hamas' 15 or 20 main leaders move around constantly. Emerson says Israeli intelligence has had great trouble tracking them.

AIDS warning had gone unheeded

PHILADELPHIA -- A published report accuses hemophilia foundation officials of holding back knowledge on AIDS infections.

The report says a federal physician warned a foundation official about the risk of infection. But it says the foundation official asked a federal panel not to make drug firms neutralize viruses in clotting factor, fearing that would raise prices too much.

A clotting factor tainted with the virus that causes AIDS has infected half of America's 20 thousand hemophiliacs.

stories from the AP wire

And I quote...

"The United States ranks 13th on the Human Freedom Index. Twelve other countries are freer than the United States."

•The United Nations

Evicted students prefer new housing

By Tim Sheehy
Staff Writer

The six students evicted from Trono house last month are calling their new home in Burlington "a mansion" in comparison to their former on-campus housing.

Seniors John Acunto, Michael Davis, Mike Marnell, John Podkowa, Kevin Queenan, and Brian Ritchie and were evicted by college officials last month for having a keg at their on-campus residence. The students are now renting a house on the corner of North Prospect and Loomis streets.

Perhaps best of all, they say, the price is right. Davis said each of the six students paid about \$480 a month to live at Trono, which included utilities. At their Burlington home, each pays \$215 per month, which does not include utilities.

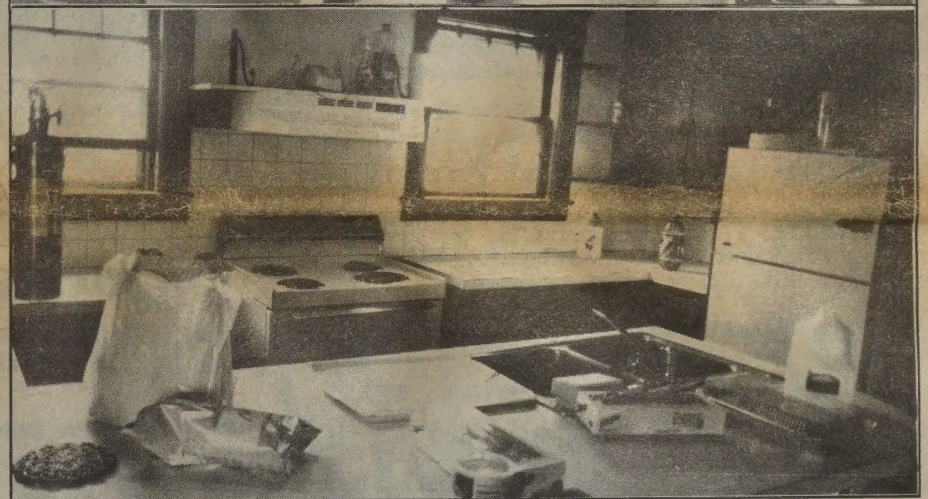
"Utilities will be expensive, but in the long run, we will save money," Davis said.

Stacia Bullock, associate director of Resident Life, said that living off campus may have its financial benefits, but she believes that students who live on-campus get "more for their money."

Some of the services that Bullock said that on-campus living provides:

- residence life assistance; programs
- maintenance for bathrooms, rooms
- repair services
- lock-out services for students who need

continued on page two



PHOTOS BY GREG ROHDE

The above picture shows the comparison between the students' new kitchen (top) and their previous kitchen at Trono (bottom).

Haitian journalist comments on the American press

By Kika Bronger
Staff Writer

Coverage of Haiti by American media, especially CNN television is very biased, Haitian journalist Edwige Balutansky said at a Diversity Coalition meeting on Wednesday Oct. 12.

"A week before the American intervention, CNN interviewed nine Americans who were leaving the country and were anti-Aristide," Balutansky said, "It's not very difficult to step out of the hotel where they were and talk to any local person who is cleaning shoes to get a different reaction,"

Balutansky is director of Info Service, a



Edwige Balutansky

press center sponsored by the United Nations which helps Haitian journalists in Port-au-Prince to work under the military repression.

Like 70 percent of Haitians, Balutansky said she supports Aristide and is not impressed with the negative way the American media is covering the situation.

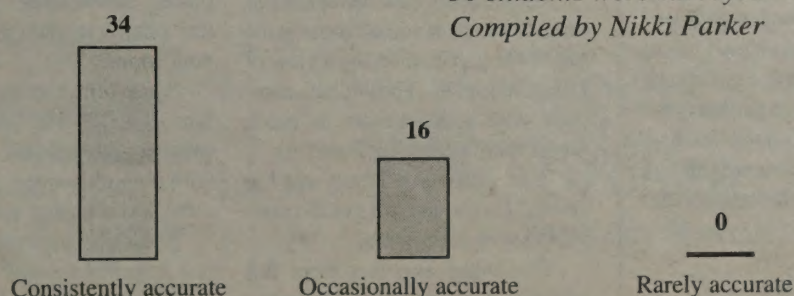
The meeting was held at the Vermont Room with other St. Michael's professors who have previously spoken on either Haitian culture or events in Haiti.

"Three days before the negotiation (to resign) was made with Cedras and the military, President Clinton was speaking of them as murderers and torturers, and then three days later after the agreement was made, suddenly they were presented as 'They who

continued on page four

How accurate is *The Defender*?

50 students were surveyed
Compiled by Nikki Parker



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Campus Scene...



Hard time parallel parking? This car will do it for you

TROY, N.Y. - A professor at Rensselaer Polytechnic Institute has come up with a car that can parallel park itself.

John T. Wen, associate professor of electrical, computer and systems engineering, has developed a small vehicle that can accurately parallel park itself in designated spots, even when towing more than one trailer.

While most vehicles can roll forward or back, they cannot slide sideways. But Rensselaer's model vehicle, called the CATmobile, comes with a computer-aided automatic parking system that can measure the vehicle's steering angle, jackknife angle, and other conditions that predict the vehicle's position.

For his doctoral thesis, graduate student Adam Divilbiss, a member of Wen's research team, wrote a computer program that could preplan a safe route and direct a vehicle through proper parking motions. When computer simulations showed the vehicle could successfully parallel park itself with more than one trailer in tow, the researchers built a quarter-size test vehicle, named CATmobile after the Center for Advanced Technology.

Eventually, Wen said the system could be used as an on-board assistant to help truck drivers with difficult maneuvers.

Non-traditional families as happy as others, study finds

COLUMBIA, Mo. - The traditional nuclear family is not necessarily happier or healthier than non-traditional families, according to a University of Missouri researcher.

"Family structure doesn't matter as much as family relationships," said Dave Demo, co-author of "Family Diversity and Well-Being" and an associate professor of human development and family studies at MU. "People think there is a huge difference between a traditional and single-parent family, but there isn't."

Demo and co-author Alan Acock, associate professor of human development and family sciences at Oregon State University, surveyed 2,500 American families with children who lived in one of four family types: traditional families with both biological parents in their first marriage; step-families; single mothers who were divorced and single mothers who were never married. Families were surveyed on such topics as division of household labor, quality of relationships, time spent together, level of conflict and happiness.

Demo said they found the real differences were not between groups but within them. "You're going to find traditional families that are very happy and those that are in constant conflict. The same can be said for single-parent families and step-families."

Artists from New Guinea carve sculptures at Stanford

PALO ALTO, Calif. - Master carvers have spent the past several months at Stanford University.

But instead of attending classes and lectures, these native artists have been carving statues and other large works for a new sculpture garden, located across from a residence hall on campus.

After four months of preparation, the school has officially unveiled "Visions from the Present: New Guinea Sculpture Garden Project." The outdoor garden is the combined effort of 10 master New Guinea carvers and a team of American and New Guinea landscape architects.

Jim Mason, director of the project, says the sculpture garden is not an attempt to recreate a traditional landscape of New Guinea. Instead, the project is "an unprecedented opportunity to experiment with and reinterpret New Guinea aesthetic perspectives within the new context of a Western public art space, Mason said.

stories from the College Press Service

Campus Security Log

*Security report from 9/19/94 to 9/25/94
Compiled by Corporal David MacPeck*

10/12

3:43 a.m. - Assisted officer with report of breaking glass behind Ross. Checked area, found no broken glass and no one around. The complainant from custodial services stated the subject was a male wearing light color clothing.

11:20 a.m. - Missing instrument reported from last summer. Professor wanted to report incident to an officer.

12:50 p.m. - Assisted in moving photo ID equipment to the Rat for liquor ID and assisted at Rat.

2:40 p.m. - Director Soons witnessed a possible accident on Founders corner when he was given the right of way for a rescue call. The vehicles involved were a Toyota getting hit in the back end by a possible Escort, checked nearby parking lots and roadway with negative results.

5:20 p.m. - Found two males to be putting in slate shingles. They advised officer that they were with Besette roofing and shingles were from college job. Will have day shift confirm with Physical Plant.

5:25 p.m. - Fire alarm Joyce 3rd South.

7:28 p.m. - Medical assist at Recreation center.

10/13

1:18 a.m. - Called to a fight in the TH 300 field.

2:04 a.m. - Officer reported sus-

picious person around the TH 400s.

2:12 a.m. - Checked 400s area, unable to find anyone.

7:40 a.m. - Assisted with accident at intersection of Johnson Ave. and Route #15. No report needed.

11:30 p.m. - NOTE: Firehouse garage door left open a little by members. Minor gas spill. Left open to ventilate.

10/14

2:05 p.m. - Received complaint, car speeding behind Ross. Officer witnessed the vehicle traveling dangerously fast on campus road. Unable to speak with driver. Will track down driver at a later date to issue a ticket.

5:19 p.m. - Report from a student, that someone may have been in her room. Could have been Physical Plant.

7:20 p.m. - Larceny of front bike tire at Ross.

10/15

1:20 a.m. - Found wallet belonging to student on top of his vehicle parked in TH100 lot. Placed note on vehicle to call Security.

4:10 a.m. - Found alumnus with stolen property hiding behind cars in the Hodson lot. Called Colchester police department.

5:20 p.m. - Secured rear door of Hamel Hall, blocked open with bicycle rack.

10/16

2:00 a.m. - Noise complaint from

Ethan Allen Apartments, unfounded.

1:00 p.m. - Upon unlocking Ross, found almost all interior doors to the new Tarrant Building (new name for field house side). There were several people using the facility unattended. Will advise Margaret Ford on Monday.

1:37 p.m. - Found red Honda Prelude rolled out of its parking space at McCarthy Visitors' area. Tried to contact its owner, no one home. Assisted by officer in rolling it back into the space and blocking the tires.

5:32 p.m. - Vandalism to vehicle at Purtill.

6:50 p.m. - Marriot called to say that big cooler compressor was making loud noises, called Allan Sutton and he advised to watch the temperature.

10/17

11:05 p.m. - Verbal warning to driver; speeding on campus road near Alumni.

10/18

6:19 a.m. - Rescue call on Troy Ave. Unresponsive male on the ground.

6:21 a.m. - Car tailgating rescue as they responded to the call in the Fort. Advised Essex Police Dept.

11:43 a.m. - Towed repeat Vt. and Mass. parking offenders from Founders' lot.

For some students, work study is more than financial aid: it's a job

**By Kate Sears
Staff Writer**

Work study provides students with more than just pizza money for the weekend.

"Obviously, student employment gives students extra money, but it also gives them experience and develops skills. This is important in the real world," Timothy Dunning, Student Employment Coordinator said.

Work study is funded by both the federal government and by the college. Student employment is also available on campus and is funded solely by the college.

Separate departments have funds as well and are able to hire students. Thirty-five percent of the students at St. Michael's have some form of student employment, including work study.

The jobs are classified into three different groups. It is these classifications which determine the students pay - either \$5.00, \$5.50, or \$5.90 per hour.

"There are very few \$5.90 per hour jobs," said Dunning. He explained that extra skills are required for such jobs. "There are job titles and descriptions, which determine the pay."

Sophomore Dave Grenier receives the highest wage for work study and practical training for his future. He is a journalism major and works in the public relations office. "My job gives me valuable writing experience," he said.

Sophomore biology major Rachel Herman agreed. She receives \$5.90 per hour to do lab prep for the biology department.

"I love my job!" she said, "and the best part is that I'm getting experience in my major."

Not everyone is getting experience in their majors, but their jobs are still valuable to their education, according to Dunning.

Senior Will Moeykens, a student manager at Marriot, said, "The biggest advantage of having this job is that it will look great on a resume for graduate school. Also, it will help when I'm applying for a job in the future."

Despite the reward of the hands-on experience, many still believe that the best reward is financially.

Freshman Sean Dean works at health services. When the phone has stopped ringing, the patients are taken care of, and all of the instruments are clean, he has a little extra time to finish up his homework. "I like my job," he said. "But my favorite part of working there is definitely the paycheck."

Campus housing has its benefits

continued from page one

spare key to rooms

Lou DiMasi, director of Resident Life, declined comment.

The students' new residence has three floors with a small room at the top of the house, offering a view of Lake Champlain. The kitchen, complete with a dishwasher, is much larger than the one in Trono.

"The kitchen in Trono was too small," Davis said, "It got too congested with six people."

The house also has three full bathrooms as opposed to the two in Trono. Instead of having one living

room, the new house has three large rooms that have been converted into an entertainment room, a study, and a billiards room with parquet floors.

"I think we got lucky with the place," Davis said, "It's not every day you have cathedral ceilings in your room."

Some of the rooms have ceiling fans as well. The house also has a two-car garage, two porches (one with a porch swing), a large basement and a washer and dryer.

The only advantage to Trono was a working fireplace.

"We couldn't be happier," Marnell said. Burlington is more

accessible from their new location, he said.

"It's closer to where I work than Trono was," Queenan said.

Bullock defends living on-campus, saying that students are able to experience campus life in a community sense.

"Campus life is so valuable," Bullock said. Off and on campus students both receive benefits from the college such as Health Services, post office boxes, meals at Marriot, and Security. Security provides for all students, but cannot give all services, such as unlocking doors, for off-campus students.

Year of the International Student offers much for every nationality

By Daniela Hidalgo
Staff Writer

To help the integration of International and American students, the Student Association designed 1994-95 as the Year of the International Student.

"We have designated geographical areas for each academic month," Kelly Cullins, director of the study abroad programs, said. Cullins is in charge of the organization of the events of this year.

Since St. Michael's is located

in North America, September was denoted for the United States, Canada, and Mexico. During this month there were Wednesday night movies about the three countries. Coffee Hours had music, food, and cultural displays from these countries. Native American dancers, slides about Alaska, and an African-American house party dance also were highlights of this event.

October is the month for Central and South America and the Caribbean. For this month there have also been Wednesday night movies,

Coffee hours, Lectures, and the 40th Anniversary celebration of the CIP.

A Latin American festival will have food, music, dances, and cultural displays of these countries. There will be a poetry recital on Friday, Oct. 28.

There are activities and events planned for November that will be about North Africa and the Middle East.

"There is supposed to be a

continued on page 4

St. Michael's College to host Vermont author Annie Proulx at writers hunger benefit

By Dave Grenier
Staff Writer

Pulitzer Prize winning author E. Annie Proulx and St. Michael's College will join in the fight against hunger in Share Our Strength's third annual Writers Harvest: The National Reading on Wednesday, Nov. 2 at 7:30 p.m. in the McCarthy Arts Center.

Proulx, winner of the 1994 Pulitzer Prize for her novel "The Shipping News" will read from her works here at St. Michael's as part of a nationwide effort to support hunger relief.

Donations will be accepted at the door and all proceeds will go directly toward hunger relief programs throughout Vermont.

On the same day, writers will read from their works at some 150 bookstores and college campuses throughout the United States. Elizabeth Inness-Brown of the English department sees this as more than just an opportunity for students to make a contribution to feed the homeless.

"It is also a chance for students to come together with a national community of literary folks who want to make a real difference in the world," she said.

Share Our Strength is one of the largest private, nonprofit hunger

relief organizations in the nation. Since it began in 1984, SOS has raised nearly \$20 million for distribution to 488 hunger relief and community development organizations in the U.S., Canada, and developing countries.

"Hunger is one of the country's most urgent problems and through Writers Harvest, literary professionals have become activists in their communities..." said Bill Shore, founder and executive director of Share Our Strength (SOS).

A Vermont native, Proulx is recognized as one of the most gifted writers in America today. Her other awards include the 1993 National Book Award for fiction and the Irish Times International Fiction Prize for "The Shipping News".

Proulx is also the winner of the 1993 PEN/Faulkner Award for her book "Postcards". She will be donating the payment for her appearance at St. Michael's to Share Our Strength.

More than 20 million Americans rely on a soup kitchen or food bank each month and 11.5 million children are at risk of going hungry, according to the U.S. House of Representatives Select Committee in Hunger.

The event is sponsored nationally by American Express and locally by St. Michael's English department and lecture series.

Students write letters of support

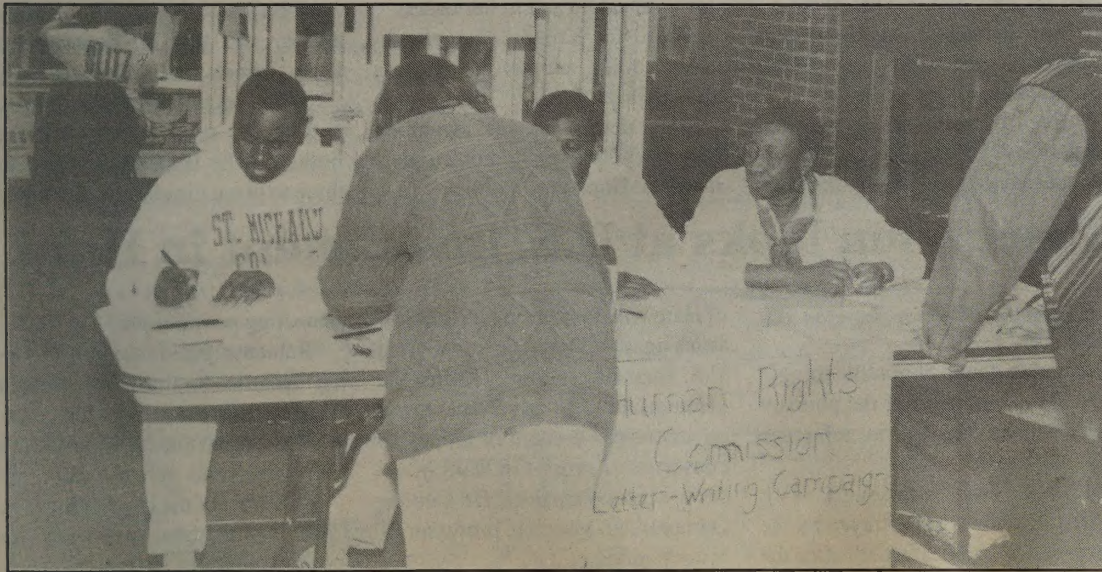


PHOTO BY GREG ROHDE

Students from several different campus organizations joined to sponsor a letter-writing campaign for the HRC.

Human Rights Commission under review

By Dave Campbell
Staff Writer

A committee created by the Vermont Legislature will decide the fate of the Human Rights Commission.

The Human Rights Commission is being reviewed in order to find out if it is effective or needed.

On Oct. 26, the committee will meet at the Statehouse in room 11, from 2 p.m. to 5 p.m. and also at 6:30 p.m.. The committee is holding the meeting in order to hear testimony from anyone who is in favor of the Human Rights Commission, or wants to see it terminated.

Some of the opposition to the commission is made up of people who have lost cases and are unified with others in their cause to abolish it.

The commission was created to enforce laws on discrimination in Vermont. The laws range from discrimination in housing, public facilities and to state employment.

The commission states it has the

right to investigate claims in discrimination along with settlements and court litigation in Vermont.

There has been 700 discrimination files accepted from the 4,155 accusations that have been made in five years.

The state funded commission takes part in educational events that promote awareness among Vermonters on the matters of civil rights, along with the many investigations they conduct at the same time.

The Human Rights Commission wants to ensure the civil rights of the individual. The commission has worked to pass legislation that ranges from disabilities to sexual harassment.

On Nov. 10 and Dec. 1, the committee investigating the Human Rights Commission will hold two more meetings at the Statehouse. The meetings are at 9 a.m. and are open to the public.

Facts and information about the Human Rights Commission was obtained from a memo by Susan M. Sussman, Executive Director of the HRC.

Human Rights Commission: facts and cases

•People may file a charge with the HRC if they believe discrimination has occurred on the basis of race, color, religion, national origin, sex, sexual orientation, disability, age, or marital status.

Examples of cases that the HRC has found reasonable grounds of discrimination:

- racial harassment of an African-American family by a neighbor
- child with leukemia refused admission to ballet school
- gay men denied lodging at a bed and breakfast

Share Our Strength's national Writer's Harvest logo

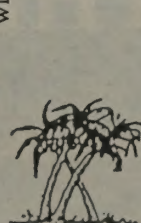


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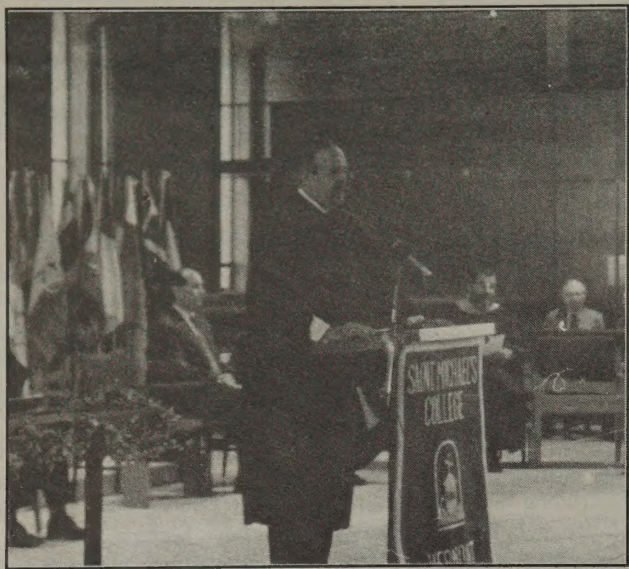


PHOTO BY MAGGIE STARVISH

Eduardo Larrazabal speaks at the 40th anniversary of the Center for International Programs

Campus gets involved in events

continued from page three

North African Coffee Hour for November 3, and one about the Middle East November 10," said Cullins.

"We are looking for movies that don't have stereotypes, we need realistic movies about this area of the world,

"We are also planning some lunch discussion groups...to talk about the different countries. For example, about the crisis in Algeria," Cullins said.

December will be the International Giving month, because it is a Holiday time.

American students as well as International students are involved in helping with the events that are being organized.

"The participation has been very strong with the exception of the Wednesday night movies,

"I have heard that professors talk about incorporating international material in their lectures, focusing

in the different months...There seems to be more interest in International cultures at the school," Cullins said.

This year the classes and the rooms designated for the Center for International Programs are spread out all over the campus. The idea of not having the International students separated from the rest of the school is helping them integrate to the St. Michael's community.

"This year the housing of International students with American students has been great, it is a wonderful opportunity for them to share the different cultures present here at St. Michael's," said Rick Gamache, director of the International Affairs at St. Michael's.

"It is great to have the opportunity to live with people from other parts of the world. It helps to promote a cultural understanding about the different places," said Tim Flynn, an American student that lives with International students.

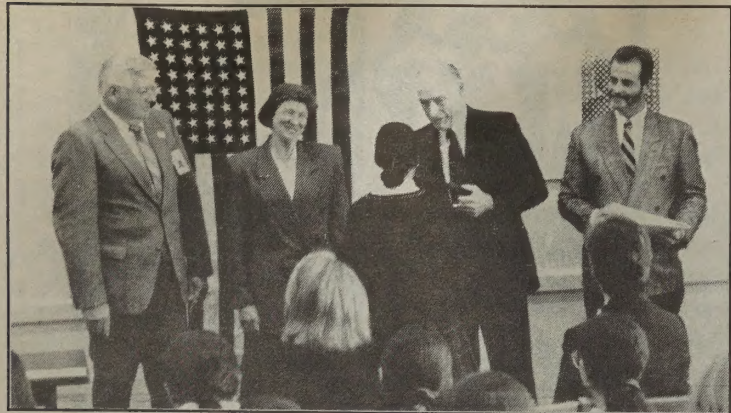


PHOTO BY GREG ROHDE

Gimnasio students became ambassadors for the state on Oct. 12

Gimnasio Vermont students are ambassadors for the state

By Kika Bronger
Staff Writer

Vermont has 38 new ambassadors from Bogota, Colombia. Gimnasio Vermont students were nominated by Lt. Gov. Barbara Snelling to be Ambassadors of the State of Vermont on Wednesday, Oct. 12.

The program is an attempt to promote the state in business and tourism. Being an ambassador means that a person will be responsible for encouraging others to come to Vermont.

The ceremony was held at the Farrell Room with the presence of Snelling, President Paul Reiss, the Center for International Programs (CIP), faculty members and Harry Clayton, who is responsible for the

ambassador program.

"I had no realization of what was happening until today. It was a nice idea and it worked. This is just the beginning," Clayton said, "We want everyone to be part of the program."

Any person can make an application, said Carolyn Duffy, Director of English Language Program. The CIP wants to make it possible for all international students to become ambassadors, Duffy said.

Gimnasio Vermont students Diana Herrera and Ana Maria Arango said they will never forget this experience. "It's a wonderful opportunity to know people and also tell others about the culture and the friendly people from Vermont," Arango said. "It's a beautiful state, very cold too, but beautiful."

Confusion could mean fewer used books

By Laura McKiernan
Staff Writer

Students may have less of an option to purchase used books for the spring semester.

As of now, the bookstore has only placed about thirty-five percent of used book orders. "It's a no-win situation, and I'm caught in the middle," said Patricia Altamari, manager of St. Michael's Bookstore.

Altamari said that the store can only order books after they get complete orders from professors. The bookstore asked professors to get the orders in by October 7th, but only a partial list of eighteen percent had arrived. From that list, crucial information was missing, such as course sections and time, resulting in being able to place orders for only 125 used books.

The bookstore has from now until November 10th to try to order used books.

Even if professors do get their orders in by those dates, it will not be an easy task for the bookstore.

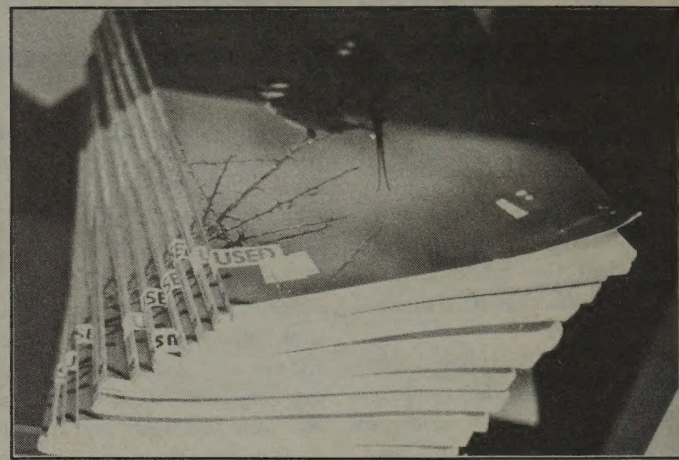


PHOTO ILLUSTRATION BY GREG ROHDE

Used books could be scarce next semester due to confusion of deadlines with professors, the Bookstore and the Registrar

Professor Colleen Webster of the religion department said she was aware of the Bookstore's deadline and had turned in her orders.

Professor Kroger, also of religious studies, admitted to missing the deadline given.

He added that he was "swamped with work" and really didn't understand the Bookstore's policy.

"It (the Bookstore's) gets earlier and earlier each semester, it seems," Kroger said

John Sheehey, of the Registrar's office, said that all departments knew their classes by October 14th.

When second semester arrives, options for used books could be limited. The Bookstore will continue to place the used book orders.

Discussion looks at U.S. involvement in Haiti

continued from page one

wanted to do the honorable thing," Dr. John Izzi, chair of the philosophy department, said in reference to the media.

The same happened with Aristide, who was portrayed by the press as a "radical leftist" after the coup and now he is being called "Father Aristide," Balutansky said.

Aristide was elected president

of Haiti with more than two thirds of votes against Marc Bazin who had U.S. financial support. "After the election, the U.S. government sent an enormous amount of money to conservative groups in Haiti in order to oppose Aristide," Dr. George Dameron, an associate professor of history, said.

Professor of modern languages Joseph Ferdinand pointed out, "For the first time American troops are

protecting poor people."

Balutansky said she is not "blessing" America for the intervention to bring back democracy to the country. The United States supported the coup three years ago, she said.

"The role of the United States in Haiti is that they supported the wrong guys in the first place. They (Americans) got us in the mess and therefore they have to get us out of that," she said.

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OPINION/EDITORIAL

Are generation-Xers whiny conformists?

This editorial is courtesy of College Press Service

Generation X -- the 47-million-person crowd of Americans between 18 and 29 years old -- is the stuff myths are made of:

Myth 1: X'ers are savvy and informed.

Myth 2: X'ers are free-spirited individuals marching to the beat of their own drum.

Myth 3: X'ers got shafted by boomers, who took all the good jobs.

But a study from the Trends Research Institute shows otherwise:

***Insecure:** Most of today's older teens and young adults are insecure, not savvy and smug. Their "savviness" and "knowledge of issues" is influenced primarily by selective exposure to television -- notably MTV and prime-time fiction.

***Conforming:** Only eight percent of the X generation showed any consistently strong desire to be separate and unique.

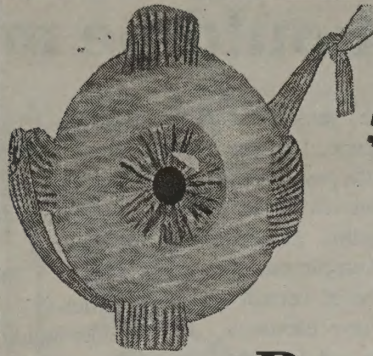
Its members' dress, hair-styling, listening, viewing, speaking, reading and non-verbal communication patterns conform to peer pressures.

***Boomer Envy:** Because most X'ers went through their childhoods during the materialistic '80s, and became entranced with TV fantasy lifestyles, they came to expect immediate riches. Having to "pay your dues" was not part of their upbringing.

But now that they're entering the job market in difficult times, some 58 percent find themselves educationally ill-equipped and emotionally unprepared: Rather than recognizing that the world has changed, they consider themselves victims of the boomers, whom they accuse of taking all the higher-paying and glamour jobs.

In short, the generation X-ers are insecure, conforming whiners, according to the study.

Editor's note: A majority of the The Defender staff disagrees with this article. Though generation X-ers are occasionally insecure, conforming, and whiny, they are also confident, strong, well-educated individuals who can take care of themselves, don't blame others for their own problems, and realize where the line between television and reality is drawn.



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Homophobia worries student



Nikki Parker
News Editor

just makes me angry. I know I'm straight; why should I be afraid someone might think I'm a lesbian?

Perhaps it's the stereotypes: heterosexuals fear that they might get "hit on" by a homosexual. My gay friends joke that they have a "gaydar" of sorts...weeding out the gays from the straight. But they say if they ever did find a straight man attractive, they wouldn't try to pick him up. It'd be pretty pointless, wouldn't it?

Even though I have gay friends, I don't know all there is to know about being gay. They all are different from each other as well. (Just as if you have friends of color doesn't mean you know all there is to know about blacks as well.)

Maybe it's the fear of who might see me, if I chose to see this movie. My community is a small one, and chances are that someone I know will see me go into the theater (as well as I'll probably know someone who goes to the show!). Think about the things that people do that could make them feel uncomfortable about being seen: buying condoms, adult magazines, renting pornographic videos. All these could be potential embarrassments should you run into your mom, priest or eighth-grade teacher.

When I wrote that article on AIDS, did I worry that someone might think I had the disease? No, and neither should I be concerned with what people may think if I choose to see the AIDS movie. Really, my cynical conscience argues, when did you last care what people thought about what you did? I'd be going to see the documentary for the same reasons anyone, gay or straight, would see it.

It would be great to live in a society where sexuality isn't seen as such a barrier. A place where my friend can have a picture of his boyfriend on his desk at work, or where gay couples can feel comfortable going to the college's semi-formal. We seem to "tolerate" behavior based on hate, like bigotry and sexism, but when it comes to homosexuality there are still the hurtful jokes and attitudes that prevail.

Approaching this issue has made me realize how my opinions and the opinions of others affect me. There is also a wish for all of us to be more open-minded, and to realize that whatever your opinion is of someone, it shouldn't be based on race, religion, gender or sexual orientation.

In my hometown of Montpelier, there is a small one-screen theater that has withstood the conglomerate Jurassic Park influence of other theaters. They usually show foreign films, animation festivals, and even some of the mainstream motion pictures. While I was home for Columbus break, they were having the "Gay and Lesbian Film Festival", which included documentaries about gays in the military, people living with HIV or AIDS and even some creative flicks such as "Chicks in White Satin," about a lesbian wedding.

Last summer I wrote an article for the Montpelier Bridge, a community newspaper, about AIDS in Vermont. My father suggested that since I had written the article, I might like to see the documentary at the festival. I hate to admit it, but I squirmed a bit and hedged around the issue of going, when I stopped and realized: am I homophobic? Surely not, I say to myself, but then why do I feel uncomfortable about going to see a film simply because it happens to be under the name of a "gay and lesbian" film?

Most of us are used to going to theaters and seeing movies like "Philadelphia," "Tootsie," or "Mrs. Doubtfire," but we don't think of them as movies for gays or cross-dressers. Either of us can see these without thinking of being labeled. Does seeing a movie under the deliberate title of "Gay and Lesbian Film Festival" make the difference?

I think maybe my discomfort stems back to when the Festival played in Burlington last year and I was going to see one of the it



**The
Defender
wishes
you
a...**

Happy Halloween!!!

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Letters To The Editor

SMC campus should be more handicapped accessible

If you were in a wheel chair, how would you get around St. Michael's? How could you eat in Alliot or live in the dorms? How would you get to classes in the older buildings?

With my curiosity mounting, I called Tim Pedrotty of physical plant. Apparently, the school made some upgrades to ADA regulations after a survey by the federal government in 1982. St. Michael's does have a consultant working now to see what addi-

tional changes may need to be made. Handicapped students have come here in the past, and there are certain townhouses that are handicapped accessible. As new buildings are built on campus, they are required to meet certain codes. They must have elevators: the light switches and drinking fountains have to be at a certain level, and there has to be enough room for a wheelchair to get through, among other requirements.

More recent additions to the

Saint Michael's campus are accessible, including St. Edmund's Hall, the Cheray Science building, the new field house, the library, and Bergeron.

Basically, St. Michael's policy is to make changes on the older buildings as they are needed. If a handicapped student comes here, he or she will be provided for -- but changes won't be made until that time.

This policy sounds honorable at first glance, but how helpful

is it really? Imagine being a first-year student here at St. Michael's, and having to live in the townhouses with people who already have made their groups of friends. All of your friends would be living in the dorms. How could you possibly visit them in their rooms? It's hard enough adjusting to life at college without having to worry about how you'll get into the buildings.

Consider for a moment all of the people who have already cho-

sen not to come because of the lack of accessibility. You realize then that not only have they lost an opportunity for a great education, but we too have lost many great assets to the St. Michael's community. A major part of the educational process is learning from the people around us. If the campus is not completely handicapped accessible, we have lost the opportunity to learn from the physically challenged.

Amy Sinatra

Meal plans are rip-offs, changes must be made

Dear Editor,

The person who said, "Early to bed and early to rise makes a person healthy, wealthy, and wise" didn't have St. Michael's college students in mind. Going to bed late and skipping breakfast are the norm rather than the exception. But it can be costly. Are you aware that those of you who went home Columbus Day weekend missed 11 meals you already paid for? This may sound surprising, but with the meal plan that has been set up here, the only choices available are the 4, 7, 13, and 21 meal plans.

A better plan would be a "pay as you go" plan. Many colleges have alternate forms of meal plans. Some colleges have already adopted a plan in which a student is assessed a certain amount for a semester. Each time he purchases food, he uses his card and the purchase is recorded on a microchip on his meal card. At the end of the semester he receives any money left over from his meal plan. To make sure a student does not exceed the monetary limit on his plan, a sign is posted right

when he enters the cafeteria stating approximately how much money he should have left at that point in the semester.

Some people are listening to students' concerns. According to Peter Soons, head of security, there will be a new card system installed next semester. Our new identification cards will have a barcode which, upon entering the cafeteria, will be run through a machine. We will no longer have a long piece of wrinkled paper dangling from the card. Eventually, the goal is to have the cards open the side doors of the dormitories and there may even be a time in the future when you'll be able to purchase items in the bookstore.

Although they are changing the identification cards, the way you pay for your meals is not changing. When you go away for the weekend or miss breakfast, you are still missing meals you have already paid for. A far better approach is the "pay as you go" system, especially with so many college students on tight budgets.

Jennifer Piqueira

S.A. clarifies its campus position

To The Editor,

This letter is regarding the editorial by the *Defender* editors, in the October 5, 1994 issue. Throughout the article there were a number of inaccuracies that need to be addressed.

First, the Executive Board members, excluding the President and Vice President, are not elected, rather they are subject to a nominations process as defined by the Student Association Constitution. This process consists of a series of candidate interviews performed by the Student Association Personnel and Nominations Committee. The nominated candidate then has to be approved by the Senate.

Secondly, as it pertains to the clubs, it is inaccurate to say that the E-Board "controls" the club. Each club goes through a process of recognition that involves the Student Association as a whole. Once the club is recognized, they have the right to submit a budget proposal and thus be allocated funding.

Thirdly, it is also inaccurate to say that the E-Board; "...is allowed to set its own budget while all other groups on campus have to submit theirs to a third party." The E-Board goes through the same budget process as all other clubs and is subject to the same cuts. The E-Board does not control the budget. The budget is determined by the Finance Committee and needs to be passed through the Senate by a 2/3 majority vote. In essence, it is the Senate as a whole that controls the budget.

Finally, the power alluded to in the article rests in the hands of the students, not the E-Board. The Student Senate is comprised of individuals that were elected by the student body and are representatives of those constituents that elected them. It is the responsibility of the student body as a whole to work together to create and maintain dialogue, so as to form a community that we can all be proud of.

The Student Association is

here to serve the students and the students should use the S.A. to work for them. The meetings that are held every Tuesday at 7 p.m. in Cheray 101 are open to the whole student body. The S.A. office in Alliot, where the E-Board members' desks are open all day so that people who have comments or suggestions can come by and talk to the officer that is best prepared to help them. We strongly encourage every member of the student body to get involved and have their voices heard on campus.

Respectfully Yours,
Jason Sharpe

Editor's Note:

E-board members are appointed. The President and Vice President of the Student Association are elected by the student body. The *Defender* regrets the error. It stands by its story.

Defender Editorial Policy

*All letters must have the signature, address and phone number of the author.

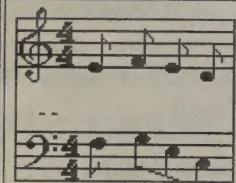
*All letters must be received by 2 p.m. Friday.

*The editors have the right to edit for length, taste, and clarity.

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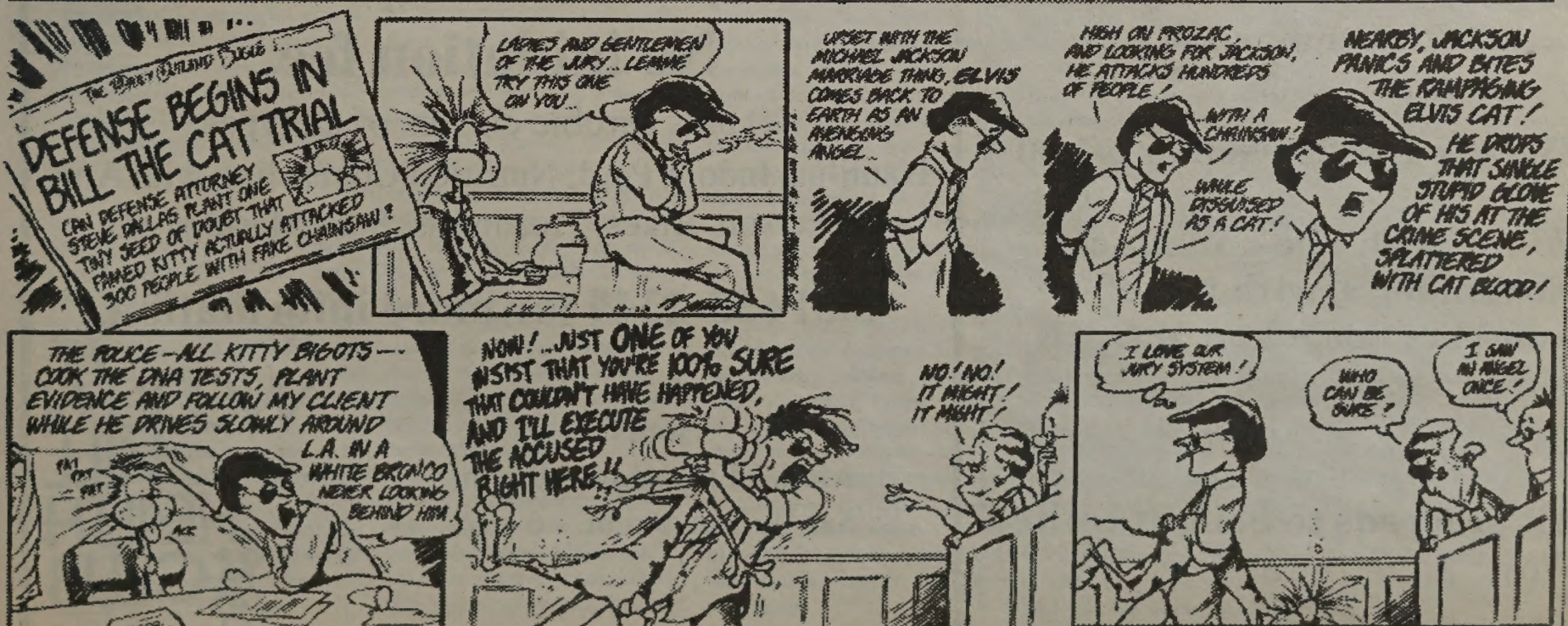
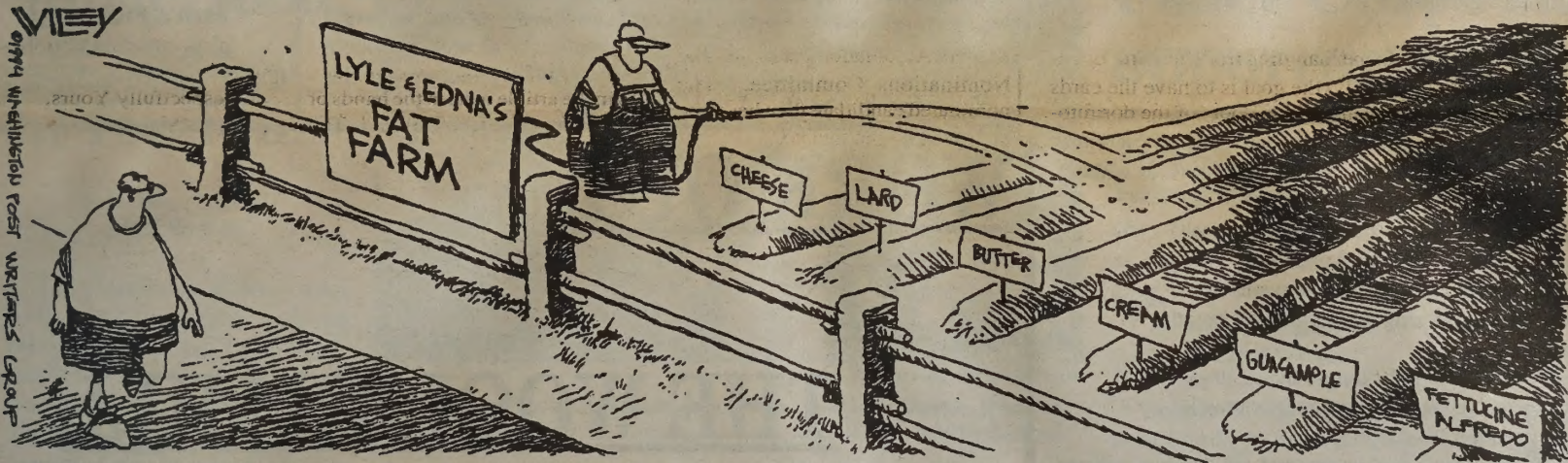
TH 320

by A.D. Jackson



NON SEQUITUR

BY VIEV



Q-Tips

a bi-weekly informative article by
Health Services

MANAGING THE COMMON COLD

Experts estimate that Americans suffer about one billion colds each year and there is still no cure in sight. The good news is that every healthy person has an immune system capable of producing cells specifically able to destroy cold viruses. Your body will respond with symptoms 3-4 days after cold virus invasion.

At present, most cold care suggestions are aimed at symptom relief and immune system support. There is no medicine that directly attacks the cold virus.

SYMPTOMS

The aches and pains that we usually call a cold are really signs that the body is fighting the infection. These signs and symptoms can include:

- | | |
|--|--------------------------|
| *scratchy or sore throat | *sneezing |
| *tenderness around the eyes | *stuffy eyes |
| *clear nasal discharge | *tearing (watery eyes) |
| *full feeling in the ears | *achiness |
| *cough, dry or with clear or white mucus | *general "tired" feeling |

Symptoms usually last about a week, although they can last as long as two.

TREATMENT DOs and DON'Ts

- | | |
|---|----------------------------|
| -Don't treat your cold with an antibiotic | -Don't smoke |
| -Do drink large quantities of liquids | -Do gargle with salt water |
| -Do get plenty of rest | -Do take acetaminophen |
| -Do inhale warm, moist air to soothe inflamed mucous membrane | -Do use disposable tissues |

WHEN TO CONTACT HEALTH SERVICES

Furthermore, a cold can lead to a more serious secondary bacterial infection. If your cold doesn't clear up after one week to ten days OR if you have any of these additional symptoms, come to health services without delay.

- discolored or bloody mucus from nasal passages
- painful or tenderness of the neck glands
- cough with production of discolored mucus
- painful breathing, wheezing or shortness of breath
- severe headache
- fever greater than 100.5 F for longer than 2 days
- white patches on the back of the throat or tonsils
- an extremely red throat

Also check with health services if your usual medications are not working or if you have had a recent negative throat culture but the sore throat symptoms have not improved after 2-3 days.

The problem is not The KEG



Sven Cole
Columnist

The KEG. At St. Michael's College the keg is a bad thing. The keg represents students' desire to drink excessive amounts of alcohol and do reprehensible and awful things. It is then apparent that it is not necessarily the beer that is bad, but the container.

Bottles and cans are allowed, as long as the consumer is of age, and we all know that St. Michael's students are such conscious recyclers that they would never throw a beer can out or break a bottle. But the keg, now that is a bad thing. Kegs could be used to build road blocks near the 300's to keep security out. Kegs might be left littered around the Quad, or be broken in the showers so that people cut their feet when they go into the bathrooms. Kegs are bad because when people leave

a party they may grab them and put them under their jackets as they walk from one party to another. Kegs are bad.

Kegs are not bad, kegs don't incite riots or cause people to drink way too much (ever seen the line at a keg party?). People always take kegs back for the deposit. When there is a keg at a party people tend to stay in one place, not until the beer they brought runs out.

If kegs were allowed it doesn't mean that students would be rushing them into the dorms any more than they do now. The Quad is "dry" (in Vermont nothing is dry). Kegs would be in townhouses and apartments where beer is already allowed. It is hard to believe that by allowing kegs alcohol consumption is going to skyrocket. Ask an economist about the value of kegs, and a custodian about cleaning up cans and broken bottles.

There are many good arguments against kegs. There are many good arguments against drinking in general. Yet when drinking is allowed on campus for those of age, it seems silly to regulate what container the beer is held in. It is not to say that there haven't been parties where people drank just to kick a keg, there have. It is not to say that it isn't possible for people to have a party with cans or bottles without Greenpeace filing a complaint. It is

to say that when people are of age they should be able to make choices. It seems that once again the target of irresponsible drinking is the drink (or this time the container), not the irresponsibility.



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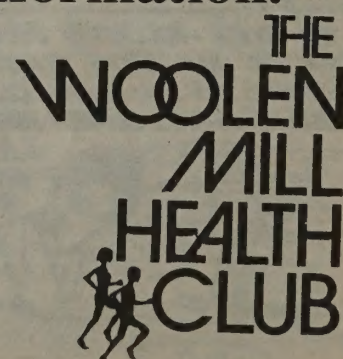
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FEATURES

Gamache's work at CIP a way of life

By Alexia Katsari
Staff Writer

The smell of freshly brewed coffee attracts and welcomes all who want to warm themselves and talk to one of St. Michael's most well-loved figures, Rick Gamache.

"Ever since I've been here, Rick has been more than an adviser and a professor to me. He has been my friend, my boss and -- most valuable of all -- he has stood up to me like my own father," Ignacio Ruiz, a former student of the Center for International Programs (CIP) and a current CIP student assistant, said.

Gamache, a St. Michael's graduate, has been the Director of International Student Affairs at St. Michael's and a student adviser for 10 years.

"I was very fortunate to have been exposed to different cultures other than the American culture from my earliest years," Gamache said.

He learned to appreciate different cultures because his grandparents (who lived in this country) were French-Canadian, and the language spoken at their house was French.

"Seeing things around you that

you may have grown up with and might not appreciate as much as you should, you learn to appreciate more through the eyes of someone who comes from a different country," he said.

Gamache's role models include his family, the Edmundites, and St. Michael's professors Norman Lacharite and Eugene O'Neill, now retired.

Lacharite was a student adviser as well as a professor, and O'Neill was the director of what used to be the International Students' Program (today called the CIP) when Gamache was a work-study student at St. Michael's.

Gamache characterized them as kind, caring and loving people -- qualities he has tried to adopt.

"I have learned through the years that you don't give things to people with a particular expectation, and if you do, what may happen is that you may be hurt.

"So one thing that I've worked very hard at is giving things to people without any kind of expectation. [I do things] because I want to, not because I'm waiting for some kind of return," Gamache said.

St. Michael's is almost like a second home for Gamache. "I don't see my work as work, but rather as a way of living," he said.

Gamache first enrolled at St. Michael's in 1967 as an undergraduate and earned a master's in education (Teaching English as a Second Language) from 1973 to 1976.

Gamache said he originally intended to become a high school English teacher, but when he was asked to continue working for the CIP he accepted because of the "great experience" he had had there.

"The experiences that I had as a work-study student during the summer and while I was a graduate student had a big impact on me, [as] one who honestly had never traveled," Gamache said.

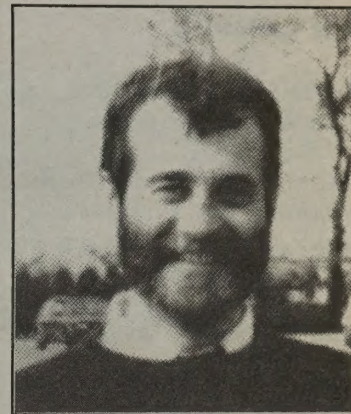
He characterized his exposure to other cultures as "rich but limited."

Gamache said he sees his strong points as patience, positiveness and enthusiasm for wanting people to have the same opportunities and experiences that he has had over the years.

Tim Flynn, a student assistant at the CIP, said, "Rick has motivated

"Seeing things that you may have grown up with and might not appreciate as much as you should, you learn to appreciate more through the eyes of someone who comes from a different country."

•Rick Gamache



Music, food, art shared at festival

By Celeste Morrill
Staff Writer

Latin American students wore white hats to symbolize peace as they played and sang "El Sombrero Azul (The Blue Hat)" at the Latin American Solidarity Festival Saturday night in McCarthy and Alliot. Students held the festival "to further develop interest, curiosity, and concern of humanity in regards to Latin America."

Student Rick McCollim, who helped organize the festival, presented slides of Latin America, including Guatemala and El Salvador, which he and other St. Michael's students in the M.O.V.E. program visited last June. Besides studying the countries' culture and politics, they worked in a nursing home in an area of El Salvador badly damaged by the war. The slides not only addressed social problems, but showed Spanish architecture and illustrated traditional pagan beliefs that exist side by side with Roman Catholicism.

Patricia Rodriguez, a Venezuelan student, served muffin-shaped *arebas* made of corn flour, water and salt. Other students displayed postcards, pictures and crafts from Latin America. Glenn Taulton and the Caribbean Rhythmic Drummers played calypso, rumba, and conga music while students demonstrated dances. Everyone was invited to dance to salsa, merengue, and reggae music.

Vermont's many people-to-people projects were highlighted by members of organizations connected to Central America



PHOTO BY GREG ROHDE

Rene Nazario, Rosa Zamora, Rommel Rivera and Julio Blanco, from left, play music from their countries at the Latin American Solidarity Festival.

Ron Sweeten spoke about the Vermont Partnership for Health Education and Environment (VPHEE), formed in 1993 when a group of volunteers from Burlington joined with a project from North Adams, Ma., that aids Haitian villages. VPHEE has planted trees, found a clean source of water for villagers, conducted health surveys, started a solar oven project and arranged a school sponsorship program. Over the next five years VPHEE hopes to continue the solar oven project and build a medical clinic.

Don and Carolyn Cruikshank told the audience about the Vermont-Honduras Project, which was recently honored by the president of Honduras in a ceremony at St. Michael's. Its projects include training elementary school children in firefighting, first aid, rescue and evacuation. The Partners have also started environmental education exchanges between four elementary and junior high schools in Vermont and Honduras.

Elena Ixcot, an indigenous Mayan, talked about the International Mayan League, which publishes books about Mayan culture and sponsors events to keep knowledge of the culture and its values

alive. Ixcot and her family, refugees from Guatemala, came to Vermont in 1984 through the Sanctuary Movement and were received by the monks of the Weston Priory in Weston, Vt. Ixcot, who is treasurer of the International Mayan League, speaks in colleges and universities around the country.

Rick McCollim wanted to hold the festival to get people to think about world culture, politics, economics -- to expand their horizons. He wanted the rich culture to be emphasized, not just human rights abuses. The only exposure to Central America most Americans get is from the news, and it's often less than complimentary, he said.

Aleyda Linares from Honduras wanted to share her culture with other students to dispel myths they might have.

Linares is often disturbed by the lack of interest American students show in other cultures. She hoped the festival would help form a bond of common knowledge and open communications between the two.

Through sharing their music and art, Linares and the rest of the Latin American students wanted to make it possible for American students to understand and respect other ways of thinking.

Peace Corps still offers opportunities to learn

National director tells Vermont's returned volunteers she "passionately believes in the corps, now at a 15-year high."

By Julie Barrett
Staff Writer

Former St. Michael's graduate John Engels Jr. is so enthusiastic about the two years he served with the Peace Corps in Kenya that now he's joined the Green Mountain Returned Peace Corps Volunteers.

John is far from alone in his good feelings about his Peace Corps experience.

The Green Mountain Returned Peace Corps Volunteers held their annual meeting on Saturday, Oct. 15, in Shelburne, and every volunteer interviewed said they would recommend the experience to anyone.

One of these volunteers was Helen Eldred, who recently returned from Poland.

"If you can't be definite about what you want to do in your own country, go to another country. See what they need. You'll come back a different person, and grateful," Eldred said.

She added, "In spite of all the materialistic things you give up, you feel very good about what you're doing."

The guest speaker at the annual meeting was national Peace Corps Director Carol Bellamy.

Bellamy is the first former volunteer ever to lead the premier volunteer organization.

She served as a community developer in Guatemala and later became the first woman president of

New York City Council. She was then nominated by President Clinton to head the Peace Corps.

"We now have about 6,500 volunteers in 93 countries. That's a 15-year high," Bellamy said.

"If you can't be definite about what you want to do in your own country, go to another country. See what they need. You'll come back a different person, and grateful."

•Helen Eldred,
Vermont Peace
Corps Volunteer

"The Peace Corps is alive and well," Bellamy told the group. Volunteers are back in Ethiopia, and China has requested 30 more volunteers.

"I believe in [the Peace Corps] passionately," she added.

John Engels said he was so affected by his Peace Corps experience that it is shaping his career decisions.

Engels has applied to be one of 187 human rights monitors the United Nations will send to Rwanda to help with peace efforts.

Although Engels observed there's a limit to what a volunteer can do in two years, he said, "The real value [of the Peace Corps] is not how you help ... but what you learn."

FOR INFORMATION CONTACT: Center for International Programs (654-2300) or Student Activities (654-2568)

CAMPUS SPEAKS

What is the best Halloween costume you ever had?



"Well, I had two of them. I was a pregnant nun my sophomore year. And I made a costume, an Arabian Dancer."

•Tracy Lehouillier
Senior



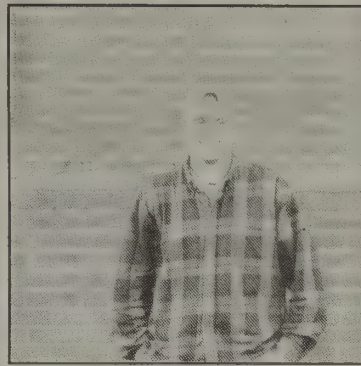
"When I portrayed a doctor."

•Jim Kababik
Junior



"When I dressed as Rob Narucki."

•Joe Johnson
Sophomore



"When I dressed up as Joe Johnson."

•Rob Narucki
Sophomore



"One year I went as Tweety Bird, but my head kept getting caught in doorways."

•Debra Gorgos
Freshman

Compiled by Karen Van Dyke

'Friday night dry' a high!

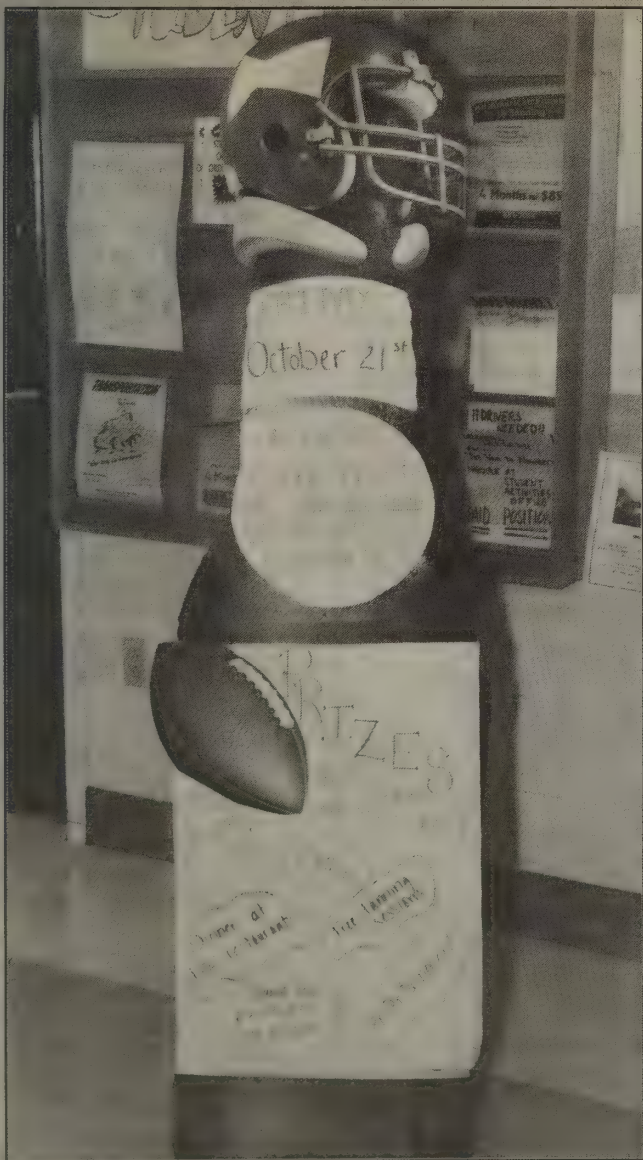


PHOTO BY GREG ROHDE

Beer industry advertising aimed at college students is turned into an invitation to "dry" fun. An estimated 300 to 350 students participated in games in the dorms. The 250 students who blew 0.0 on the breathalyzer test were admitted to a midnight auction to bid on 63 prizes donated by area businesses. Prizes included a \$100 ATT gift certificate and a faculty-staff parking validation.

'Illusions' features humor, swordplay

Comic adaptation of 17th century French play seats audience on stage

By Hilary Corrigan
Staff Writer

The audiences that see the St. Michael's College production of "The Illusion" this week will find themselves as close to a sword fight as they are ever likely to get. Director Peter Harrigan is seating them on the stage.

Pierre Corneille wrote the original version of this play, "L'Illusion Comique," in 1636. Tony Kushner, author of "Angels in America," recently reworked and adapted it. Corneille's version introduced the "play within a play," a dramatic device new to the audiences of his time.

Tom Kushner's adaptation keeps the important content of Corneille's play, Harrigan said, but makes the humor more accessible to contemporary audiences.

The plot follows a father in his search for his estranged son. The father, played by senior Greg Niquette, enlists the help of a magician (Melissa Allen), who conjures up scenes of the son's life.

Harrigan chose "The Illusion" partly to give some variety to St. Michael's regular -- and recently more somber -- line-up of plays.

This work, with its themes of love and parent-child relationships, is comical as well as theatrical and provides strong roles for students. Having the audience so near, Harrigan said, gives the actors good experience for the future, where theaters and stages may be set up differently from St. Michael's.

Another new experience for St. Michael's actors and theater-goers is the sword-fighting. Fight chore-

ographer Greg Morivelo has rehearsed the swordsmen for seven weeks.

The recommended rehearsal time for on-stage sword-fighting is a hundred hours per minute of fighting, mainly as a safety precaution. Although the swords in this play have no points, they are still dangerous because they are being wielded very close to the audience. The actors should "be sure they're not stabbing grandma in the first row," Harrigan said.

Harrigan graduated from St. Michael's in 1983 with a double major in fine arts and English. This is his fourth year of teaching at the college. Other plays he has worked on at St. Michael's include "Mad Forest," "Company," and "Execution of Justice." He directed "I Hate Hamlet" and "Unexpected Guest."

"The Illusion" has taken seven weeks of rehearsing and two-thirds of Harrigan's teaching time. "It becomes like Olympic training," he said. "[It] becomes really all-consuming."

Harrigan is also the costumer of the play. The costumes resemble the clothing worn during the mid-17th century and, Harrigan said, are "very fitted." The actors have had to practice moving about in tightly laced corsets and high-heeled boots.

The American College Theatre Festival will judge St. Michael's production of "The Illusion" in its regional contest. If the production wins, the play will be performed on other campuses. It could go on to win the national festival and be performed at the Kennedy Center in Washington, D.C. St. Michael's has had plays go to the national

festival in 1981 and 1982.

Since the audience will be placed on the stage during "The Illusion," only 125 people will be seated in the MacCarthy Arts Center Theater, which usually seats 300.

"[The actors should] be sure they are not stabbing grandma in the first row."

•Peter Harrigan

Play dates are:

Thursday, Oct. 27, 8 p.m.

Friday, Oct. 28, 8 p.m.

Saturday, Oct. 29, 8 p.m.

Sunday, Oct. 30, 2 p.m.

Wednesday, Nov. 2, 8 p.m.

Thursday, Nov. 3, 8 p.m.

Friday, Nov. 4, 8 p.m.

Saturday, Nov. 5, 8 p.m.

Admission is free, but a ticket is required.

Write to SMC Box 266 or leave a voice-mail message at 654-ACT1 to reserve a seat. Give your first choice and an alternate date.

'The River Wild' a scenic thriller

By Martin Lahiff
Staff Writer

"The River Wild," like the film "Speed," is an "edge of your seat" thriller.

The plot centers around the character of Gail (played by Meryl Streep), who decides to take a rafting vacation on an Alaskan river in an effort to pull her family together.

At the beginning of the trip, Gail's son Rourke (Joseph Mazzello) meets the mysterious but friendly Wade (Kevin Bacon) while buying a map at the supply station.

Rourke becomes attached to Wade when he gives Rourke his "Lollapalooza" concert cap.

Later in the film, Wade takes the role of father figure to Rourke, in place of Rourke's workaholic father Tom (David Strathairn), who brings his architectural drafting on the raft trip.

The action begins early in the film when Wade and his friend Terry (John Reilly) lose their guide and ask Gail if they could follow her and her family down the river.

Wade, who is an amateur rafter and non-swimmer, nearly drowns while shooting a dangerous sec-

tion of the river but is saved by Tom.

Wade turns out to be a fugitive thief who takes Gail's family hostage, demanding at gunpoint that Gail take him to the end of the river.

This means that Gail has to "run the Gauntlet," an extremely dangerous section of the river, and Gail is not sure she can do it.

The acting by Meryl and Bacon is solid, and their characters are the most believable in the film.

Although the director tried to cast against type for the character of Gail, Streep fit the role of the determined athlete well.

As for Kevin Bacon, it's nice to see him as a villain, instead of a goodie-goodie hero.

Whenever the action is slow or the dialogue trite, the camera makes up for it with some excellent shots of the Alaskan wilderness.

All in all, the film is action packed, and it grips the viewer's interest throughout.

"The River Wild" is currently playing at Merrill's Showcase on Williston Road and Merrill's Cinema 9 on Shelburne Road.

★★★

Henry's Diner disappointing now

By Daniella Lucia
Staff Writer

Henry's Diner, which opened for business in 1925, is an old Burlington tradition. Its regulars include Vermont's Sen. Patrick Leahy and Rep. Bernard Sanders.

Henry's, located off Church street across from McDonald's, is best known for its breakfasts of waffles, french toast, omelettes, pancakes, and muffins, which average about \$5.

Henry's also serves lunch. In addition to sandwiches, it offers blue plate specials that vary from veal cutlet to chicken pot pie and cost around \$6. Breakfast is served all day, but Henry's hours are only from 6:30 a.m. to 4:30 p.m.

We went on a Saturday morning, and the diner was filled mostly

with college students. Our waitress was quick in taking our orders and bringing our meal, but we had to wait for the check.

My friend ordered a blueberry muffin (55 cents) and waffles (\$2.95). The muffin was homemade, but it lacked flavor. The waffles were two frozen Belgian waffles like you find in the local supermarket. My blueberry pancakes came with a glass of juice (\$4.65), but there were only two of them and they were not very thick.

If you are looking for an old-fashioned diner, you might want to give Henry's a try. However, it's expensive compared to the serving sizes, and the food didn't live up to my expectations.

★

Women discover martial arts

By John Acunto
Staff Writer

For three St. Michael's women, a simple desire to try something new led to their discovery of the martial arts.

"It was something I always wanted to do, so I thought I'd try it out," senior Kristelle Angelli said.

In addition to Angelli, senior Kara-Lee Ruotolo and sophomore Erika Lowell have also taken martial arts classes.

The martial arts consist of several variations. Taekwon-do, which Angelli and Lowell practice, is a Korean form and karate, which Ruotolo practices, is a Japanese form.

One thing all three women have realized through their practice of the martial arts is that it involves much more than kicking and punching. It also cultivates a positive, constructive mental state that helps them in ordinary life.

Lowell, who is a member of the St. Michael's field hockey team, started taking taekwon-do lessons this fall and has seen how her new state of mind has helped her while she is on the field.

"In field hockey, taekwon-do has taught me to focus my energy," Lowell said. "I am able to stay in the game and know I can continue to push myself."

Ruotolo has seen how the karate lessons that she has been taking since April have helped her in the classroom.

"It helps me focus more on what's going on and not to be distracted by other things," Ruotolo said. "It has also given me confidence to get up and do things I wouldn't normally do, like give a speech."

Angelli, who has studied taekwon-do for four years, also realizes the mental benefits.

"I push myself a lot harder now," she said. "You always have more to give than you think."

Although all three enjoy practicing the martial arts, Lowell is the only one currently taking classes. She takes lessons twice a week at Donnelly's Martial Arts Center in

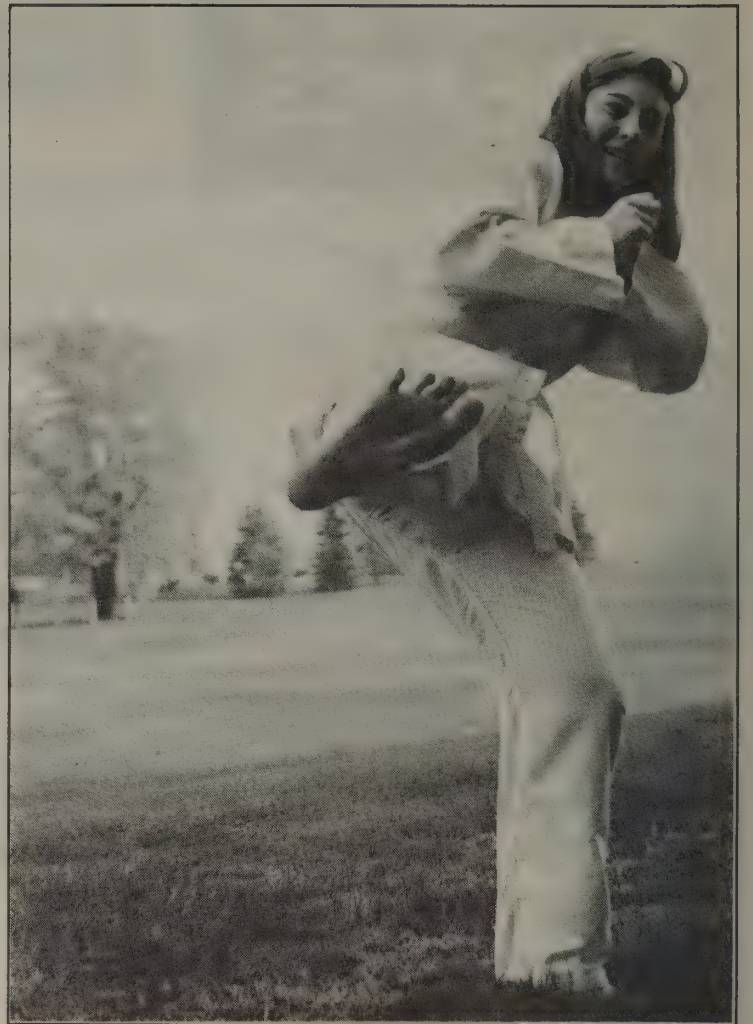


PHOTO BY NICOLE MICELI

Senior Kara-Lee Ruotolo studies karate in Scarborough, Me., where her sister, who holds a black belt in karate, has a studio

Shelburne.

Ruotolo plans on taking classes again this summer in Scarborough, Maine. Her older sister, who holds a first degree black belt in karate, has a studio there and teaches karate along with her husband.

Angelli, who is only two belts away from a black belt -- the highest degree in the martial arts -- has not taken taekwon-do lessons since coming to St. Michael's.

Now the managing editor of *The Defender*, Angelli wanted to explore other interests.

"Taekwon-do will always be there for me," she said. "As soon as I graduate, I want to get back into it."

Besides the mental benefits of focus and positive thinking, another

aspect of the martial arts all three women feel is important is self-defense.

"It gives you a sense of security," Lowell said.

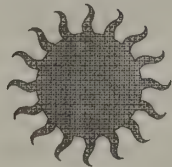
"I have a lot more confidence in my ability to defend myself," Angelli agreed.

"It's very important to have, especially for women," Ruotolo declared. "It helps you feel more confident ... knowing you can defend yourself."

In addition to the practical benefits, each of the women found that in trying something new, she discovered something she really enjoyed.

"I'm glad I got involved with karate," Ruotolo said. "It's a lot of fun."

Today is your last chance to see the work of Haitian artist Raphael Denis at the McCarthy Arts Center gallery. Don't miss his slide show at the closing reception in the Farrell Room of St. Edmunds Hall on Thursday, October 27 at 4:30 p.m. Denis' art is exhibited and collected internationally.



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Field Hockey 4-0-1 in last five games away from home



PHOTO KEVIN QUEENAN

Lady Knight sophomore Erica Lowell dives in an attempt to get the ball past a sprawling Middlebury goalie Oct. 10 as teammate Megan Rowe is about to take her swing at it.

Sports bits and pieces



By Matt Scully
Guest Columnist

Christmas is still two months away, but many people in this year's sports scene need their holiday now. I would give early gifts to:

Drew Bledsoe: A new offensive line and defense. While Bledsoe has been one of the best quarterbacks in the NFL this year, the young gun has had little time to reach his full potential because the opposing team's defense is always in his face.

The Patriot's defense is pitiful. In just seven weeks, they have allowed 166 points. Something is definitely wrong when your defense lets the 0-7 Cincinnati Bengals score 28 points.

St. Michael's Men's Basketball Team: Health. They need it. NE-10 Conference 1993 Rookie of the Year Mark Fizulich, who averaged 15.5 points last year, has had two orthoscopic knee surgeries in the off-season.

Sophomore Geoff Card has a sprained ankle, while guard Jason Curry and forward Alex Okosi are both suffering from foot injuries.

The Purple Knights must stay healthy if they look to have a strong season this year.

Notre Dame: Ear plugs so they won't have to listen to the media. The press is constantly harassing the team because of its recent losses.

The Fighting Irish are still the finest football tradition around. Every team is allowed to have a bad season. Let's not forget that the Notre Dame offense has had its share of injuries. Yes, even the great players at Notre Dame are human.

Ron Powlus: More game experience.

Before September, the last game the first year quarterback played was in high school. While Powlus has thrown 13 touchdowns, there is a reason the smartest college coach around likes him.

Once his game experience kicks in, Powlus will be considered one the greats at Notre Dame.

St. Michael's Mens Soccer Team: A chance to watch their opponents' previous games. Once they play the first half and get a feel for the opposing team, St. Michael's comes back and outplays its opponent by dominating the second half.

The talent and skills are definitely there for the Purple Knights to be a power-house in the NE-10.

Mike Tyson: A fair verdict. Tyson's trial was right after the William Kennedy Smith mess. Society was mad at the judicial system and did not want to see a celebrity get off again.

Another thing that hurt the former champ was the poor reputation he gave himself because of the bad judgments he made in his past.

Something is wrong when your wife goes on television and calls you a "manic depressive." Tyson has problems and they must be dealt with; but everybody has the right to a fair trial.

Burlington Free Press Sports Department: Knowledge that there is more than one college in the Burlington area. St. Michaels has received limited press, while UVM gets lengthy coverage.

David Antonioli and Nicole Cremo had to break school scoring records to receive more than one sentence about their feats.

I wonder if the Free Press knows that St. Michael's also has a volleyball, field hockey, cross-country team; and rugby club.

Cam Neely: A new pair of knees.

Michael Jordan: All the luck in the world. He is playing baseball because he wants to fulfill a dream, not to make another million. He could be making more money play-

ing hoop, but chooses baseball for the love of the game. It's a shame that the rest of today's sports figures do not play for the same glory as Jordan.

Boston Globe Sports Writers: An objective point-of-view. They are biased to all of the Boston area teams.

University of Connecticut Basketball Team: Donyell Marshall, who skipped his senior year to play in the NBA. His 25.2 points a game are going to be missed.

They are going to have to rely on forwards Donny Marshall and Ray Allen, and guard Doron Scheffer. With Donyell in their line-up, they could have won the NCAA Championship this year.

O.J. Simpson: Coal and an alibi this year.

Major League Baseball players: Kleenex to stop their crying. What happened to the American Pastime?

It is being substituted for politics. The players should play the game and enjoy it.

Deion Sanders: A pair of boxing gloves to take on new WBC title holder Oliver McCall. McCall got lucky against an out-of-shape Lennox Lewis.

After Sanders' throwdown with Andre Rison, Neon Deion looks like he could be a three sport superstar.

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SMC baseball cage still not ready for use

By Ryan McMeniman
Staff Writer

The new recreation center has created some controversy over accessibility.

While the field house was dedicated on Alumni Weekend Oct. 15, both the climbing wall and batting cage were still unavailable for the St. Michael's community to use.

The delayed opening of the batting cage was questioned by some of the college's baseball and softball players.

"As I understood it... no more than three SMC baseball players can use the cage at one time," Purple Knight baseball co-captain Jake Mosher said. Junior pitcher Pete Sheridan agreed.

"Our coach (Perry Bove) also told us that there were restrictions on the cage." Sheridan and Mosher said that they are interested in using the cage for the winter to prepare for the upcoming spring season.

Karen Jefferies, last year's St. Michael's softball captain, said her team is interested in using the cage this January to prepare for their season as well.

Coach Perry Bove said that he does not want the facilities just for his team. "We're looking for just a piece of the pie," he said.

That "piece" Bove is referring to is that the field house gym area can be divided into three equal sections. The batting cage is located in one of them.

Bove said he was told earlier this year that he would only be able to run practice and use the cage in the new gym after 9 p.m.

"I understood that we could not use the gym during its regular hours of 9 a.m. to 9 p.m.," Bove said.

Bove said that Director of Recreation and Facilities Margaret Ford said his team could only practice during the off hours of 6 a.m. to 9 a.m., and after 9 p.m. when most students are not in the field house.

"During non-prime time hours, the teams will be able to use the cage," Ford said. She added that, during the gym's busiest hours, intramural activities take precedence over varsity sports.

If nothing is scheduled during the prime hours, any team may use the cage and the rest of the facilities, Ford said.

When asked about the speculation that the baseball players would not be able to use the batting cage as a team, St. Michael's Athletic Director Ed Markey said, the rumor was false.

"That was what it (batting cage) was there for," he said. Markey also said that there are "no limitations at all" on the batting cage for the college's students, alumni, and faculty and their families. This includes the baseball, softball and golf teams, Markey said.

"This is great news for the players," Bove said. "The team would prefer to use the new track and batting cage (which remains closed) at night to avoid conflict with class schedules."

The batting cage is located in the new field house on the far right above the indoor tennis court. Ford said that the availability of the cage, is a part of the "next stage of operation" planned for the field house.

In the process of completing all of the facilities and making them available, Ford said the batting cage is set to open after the climbing wall is finished.

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SMC Scoreboard

* All games through Oct. 23

	W	L	T
Volleyball	12	3	0
Baseball	8	4	0
Field Hockey	8	5	1
Women's Tennis	4	6	0
Men's Soccer	4	8	0
Women's Soccer	4	13	1
Men's Rugby	3	2	0
Women's Rugby	1	0	1

***CROSS COUNTRY:** The Purple Knight men and women runners both finished in second place at the Vermont State Championships Oct. 7. Junior Peter Wefers placed seventh overall in the 8K race with a time of 27:15. Other men finishers in the top 20 were: Adam Ashe, 8th (27:23), Wilson Wagwa, 9th (27:25), Robert Bergeron, 12th (27:34), Darryl Stewart, 14th (27:38) and Hale Hack, 18th (27:55).

For the Lady Knights, Freshman Claire Pirkle finished second overall with a time of 20:46. She was followed by Erin Smyth, 8th (21:49), Sharon Dempsey, 11th (21:59), Alison McGinty, 20th (22:49) and Jean Finochetti, 21st (23:00).

At the Albany Invitational Oct. 22, the men finished 20th and the women 18th (both out of 32 teams).

***GOLF:** St. Michael's finished tied for 19th place at the ECAC Northern New England Qualifiers in Methuen, MA. The Purple Knight scores were as follows: Dave Mersch (83), Mike Cassarino (84), Mike King (91) and Mike Balestra (95).

***MEN'S RUGBY:** Senior Kurt Hansburry had three tri, while senior captain Jeremy "Booter" Lombardo scored his first college "A" tri in the win over Brandeis Oct. 15. Chris Phelan and Sean Corrigan also added tri for the Purple Knights. The team ended the regular season with a 39-12 win over Bryant Oct. 22.

***MEN'S SOCCER:** David Antonioli stayed hot, scoring eight goals in three games (2-1). Mike Antonioli and Rich Brannigan also added goals during the stretch. St. Michael's leading scorer continued his remarkable season with all four of the team's goals in the 4-2 win over Assumption Oct. 22. Antonioli has netted 17 goals so far this year.

***WOMEN'S SOCCER:** Junior goalie Robin Lyness made 16 saves in the Lady Knights' tie of A.I.C. Oct. 15. She had 19 saves in the teams 4-0 loss to Stonehill Oct. 10. Although being outshot 30-7, goals from Effie Foster and Michele Bouger helped the Lady Knights defeat Springfield 3-2 Oct. 8. The team was shutout 3-0 by Assumption Oct. 22 and 1-0 by St. Anselm's Oct. 23.

***VOLLEYBALL:** The Lady Knights' 11 game winning streak was snapped when Springfield (15-7, 15-3, 15-5) swept St. Michael's Oct. 8. After beating St. Anselm's Oct. 8 and losing to Bentley Oct. 16, the Lady Knights' Invitational Oct. 21 was cancelled.

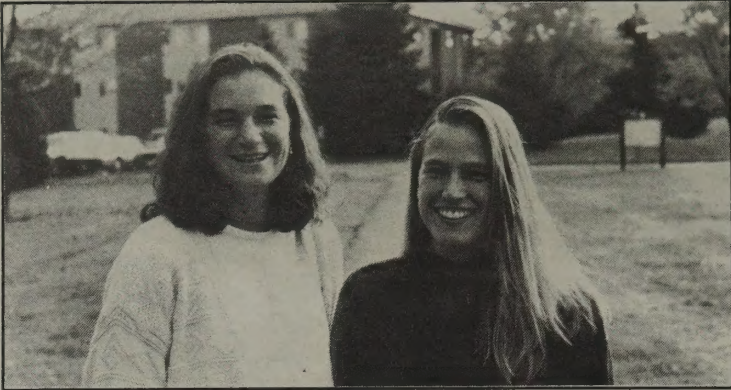
***BASEBALL:** The team finished its fall season with an 8-4 record. The Purple Knights banded out 23 hits in the team's split with Lyndon State Oct. 8. Adam Sargent (five) and Jeff Barthel combined for nine hits, while Brian Torpey, Ryan Longe and Glenn Bombardier each had two. On Oct. 9, the team swept Skidmore (5-3, 4-3). In the opener, Ryan Longe hit a two run homer in the bottom of the sixth to break the 3-3 tie and give St. Michael's the win.

In the team's highly anticipated matchup with UVM, defense hurt the Purple Knights. Although they outhit the Catamounts 9-1, St. Michael's committed five errors in the 5-1 loss. In the second game, pitcher Jeff Barthel had a 5-0 lead in the third when fielding once again became a factor. Charlie Somers went 4 for 6 on the afternoon.

***TENNIS:** The Lady Knights finished tied for fourth at the Northeast-10 Championships Oct. 14-16. While Quinnipiac was the NE-10 regular season champion, Springfield won the post season tournament. After winning just one NE-10 match in their first six, the team won three of their last four.

***FIELD HOCKEY:** After starting the season 2-5, St. Michael's has posted a 6-0-1 record in their last seven games. Laurie Parsons scored both goals in the Lady Knights' 2-1 win over Keene State Oct. 8. Parsons added two more goals in the team's shutout of New England College Oct. 20. Tara Whalen (game winner against Merrimack Oct. 10 and both goals in the 2-0 win over Worcester State Oct. 22) has starred for the Lady Knights. Tracey Falla, and Kate Mullany also added key goals during the team's recent surge.

Athletes of the Week



Katie Colcough & Nikki Hill

Nikki Hill and Katie Colcough won the NE-10 No. 1 doubles championship Oct. 16. With their defeat of Springfield (2-6, 6-3, 6-4) both Lady Knight juniors were named to the all-conference team. To get to the finals, Hill and Colcough beat Bryant, the top seed and last year's champs, in straight sets. Both Hill (#1) and Colcough (#4) also advanced to the tournament's semi-finals in their respective singles matches.

Colcough was a captain at Edison High School in Huntington Beach, Cal. Her team won its league title in three of her four years as the school's #6 singles. Hill is from London, England. She has been the Lady Knights number one starter for three years. In high school, she was part of a mixed doubles team that won England's International Schools Sports Conference Championship two years in a row.



Jake Mosher

Senior Jake Mosher struck out nine while pitching a complete game in the team's 5-3 win over Skidmore College Oct. 9.

Mosher continued his pitching success against baseball powerhouses (last season he beat Springfield, who went on to win the Division 2 Championship) when he carried a no-hitter into the sixth inning in game one of a doubleheader against UVM Oct. 16.

In the 5-1 loss, Mosher was hurt by errors, as the Catamounts only managed one hit against St. Michael's. Mosher, the team's co-captain, also had two hits on the day.

At Lake Region High School in Orleans, Vt., Jake still holds the school's all-time win and strikeout records. Jake has been pitching for the Purple Knights since he transferred from UVM in 1992.

Other top performances:

Michelle Bougor, SOCCER: Seven goals in three games. Her 28 points is an SMC freshman record.

Megan Rowe, FIELD HOCKEY: Scored three goals to give her four this the season against New England College Oct. 20.

Skip Garland, SOCCER: Shutout Springfield Oct. 8 and A.I.C. Oct. 15. He recorded 15 saves against Springfield.

Aaron Lemke, BASEBALL: Five hits in SMC's split with Lyndon State Oct. 8. Lemke was also 3 for 7 against UVM Oct. 17.

SMC Alumni Weekend Sports



PHOTO BY GREG ROHDE

Purple Knight Jeremy Jones heads down the field with the ball in the Rugby team's 50-0 blowout of Brandeis Oct. 15. Trailing Jones to the left are teammates Kouicha "Al" Nakamura (headband) and Brian Becker.



PHOTO BY GREG ROHDE

Senior Michael Antonioli dives in an attempt to get the ball past the A.I.C. goal. The Purple Knight's soccer team shutout their NE-10 rivals 7-0 Oct. 15.

NCAA Top 20

By Mike Nolan
Staff Writer

November is coming, which to hoop fans means college basketball is on the way. Here is my pre-season Top 20:

1. **Arkansas Razorbacks**- With Nolan Richardson's starting five back from last year's championship team, the Razorbacks look as powerful as ever. Expect Corliss Williamson, the leading candidate for National Player of the Year, and dead-eye shooter Scotty Thurman to show why this team is number one once again.
2. **Massachusetts Minutemen**- Coach John Calipari has one of the most balanced teams in the country. All-American Lou Roe (18.6 points per game, 8.3 rebounds per game), and his strong supporting cast, including super sophomore, 6-10 Marcus Camby, will lead the Minutemen.
3. **Kentucky Wildcats**- After refusing coaching offers from the NBA, coach Rick Pitino has four starters returning from last year's 27-7 team. Look for juniors Rodrick Rhodes (15.7 ppg.) and Tony Delk (17.3) to step it up and challenge Arkansas in the SEC.
4. **Maryland Terrapins**- All Joe Smith did last year was run away with the national Freshman of the Year award, make the All-ACC first team, and help drastically improve the once laughable Terrapins.
5. **North Carolina Tar Heels**- Dean Smith's team will put the disappointment of last year behind them. Sophomores Rasheed Wallace, Jerry Stackhouse and Jeff McInnis; and senior shooter Donald Williams (14.3 ppg.) make Carolina a top contender.
6. **Wisconsin Badgers**- People in Green Bay should be excited this season. All-American candidate, 6-6 Michael Finley (20.4 ppg, 6.7 rpg), can go inside and out. With the help of 6-11 center Rashard Griffith, this Big-10 team has no limitations.
7. **Virginia Cavaliers**- After missing last year, senior Cory Alexander (18.8 ppg. as a sophomore) is leading a team which lost only one starter. The Cavaliers' strong front line will help them contend for the already interesting (see above teams) Atlantic Coast Conference Championship.
8. **Michigan Wolverines**- Has the best recruiting class in the country led by homegrown power forward Maurice Taylor. Jimmy King and Ray Jackson, the last two of the "Fab Five," will provide the leadership for this otherwise young team.
9. **UCLA Bruins**- Four starters return from the 21-7 team of a year ago. The O'Bannon brothers, senior Ed (18.2 ppg., 8.8 rpg.), and sophomore Charles (11.1, 6.8), along with guard Tyus Edney, will establish this team as the "Best in the West."
10. **Arizona Wildcats**- Although the loss of Khalid Reeves to the NBA leaves a big hole in the Wildcat offense, this team should cope well. Senior Damon Stoudamire (18.3 ppg.) is the top gun among the four returning starters.
11. **Duke Blue Devils**- When coming up with a national champion,

1994 BASKETBALL PREVIEW

don't look past Duke. Coach Mike Krzyzewski hopes senior Cherokee Parks (14.4 ppg., 8.4 rpg.) can help fill the leadership void left by Grant Hill. Also, look for a good year from Alaskan freshman Trajon Langdon, a top 10 prep school recruit.

12. **Cincinnati Bearcats**- If the recruiting class can live up to expectations, this team will be better than last year's 22-10 squad. Senior LaZelle Durden (17.8 ppg.) will guide this Bearcat team toward it's fourth straight NCAA tournament appearance.

13. **Florida Gators**- Florida went to the Final Four last year. With four starters back, the team is looking tough once again. Fiery senior Andrew DeClerq, and senior point guard Dan Cross are legitimate stars on this Gator team.

14. **Syracuse Orangemen**- All-Big East senior Lawrence Moten (21.5 ppg.) will propel the Orangemen to the top of the Big East. Moten will get help from junior college All-American Michael Lloyd.

15. **Indiana Hoosiers**- Bob Knight's team will rely on one of the top recruiting classes in the country, and the frontcourt play of 6-9 senior Alan Henderson (17.8 ppg., 10.3 rpg.). Nobody has ever looked past an Indiana team coached by Knight.

16. **Michigan State Spartans**- They have the best backcourt in the country with preseason first team All-American Shawn Respert (24.3 ppg.), and point guard Eric Snow (6.7 assists per game). The Spartan's have a good shot at a Big-10 Championship, and the possibility of even more.

17. **Georgia Tech Yellow Jackets**- After a disappointing 1993-94 season, senior point guard Travis Best (18.3 ppg., 5.8 apg.), and 6-8 senior James Forrest (19.0 ppg.) will raise some eyebrows for the improved Yellow Jackets this year.

18. **Kansas Jayhawks**- 7-1, 279 pound Greg Ostertag will center this Jayhawks team, which returns only two starters. Kansas fans shouldn't worry because the Jayhawks have a core of role players who have played in key situations in the past.

19. **Tulane Green Wave**- The best player in the Metro Conference is Tulane's sophomore Jerald Honeycutt. Honeycutt (15.3 ppg., 6.7 apg.) was in the top 10 of five statistical categories last year and hopes to get the Green Wave back into the tournament after they missed it last year.

20. **St. John's Red Storm**- Armed with a new name and great recruiting class, St. John's will definitely surprise some people this year.

The Red Storm now have the best school boy prospect in the nation in 6-5 guard Felipe Lopez. If he can live up to expectations, this team should provide problems for many of its opponents.

In April, when the final buzzer sounds at the Kingdome in Seattle, expect to see the Arkansas Razorbacks repeat as national champions.



PHOTO BY GREG ROHDE

Senior Nicole Cremo moves down the field for the Lady Knights.

Cremo helps Bouger net hat trick for Lady Knights

By Barry Follett
Staff Writer

Senior Nicole Cremo racked up six points to lead the women's soccer team to a 5-1 win over Johnson State Oct. 19.

Cremo's goal and four assists made her only the fifth player in NE-10 Conference history to break the century mark in career points scored. Freshman Michelle Bouger benefited the most from Cremo's performance by tallying three goals.

St. Michael's opened the scoring seven minutes into the contest when Bouger netted the first of her trio. The assist went to Cremo.

Although St. Michael's had several solid scoring chances late in the half, they couldn't capitalize as the score remained 1-0.

A Johnson State bid for a goal near the end of the half was denied when sprawling St. Michael's goalkeeper Robin Lyness got just enough of the ball to preserve the Lady Knight's first half shutout. The save

was one of 12 for Lyness on the day.

In the second half, St. Michael's dominated with great ball control and hustling defense. They put up four more unanswered goals, while allowing Johnson State just one late score.

Bouger led the scoring attack by netting her second goal at the 27 minute mark. Cremo assisted.

Shortly after, St. Michael's made it 3-0 when freshman Danielle Tomko chalked up her first career goal by placing a shot perfectly over the leaping Johnson State net minder. Once again, the assist went to Cremo.

At the 14:54 mark, Cremo scored a goal of her own, which was unassisted.

The Lady Knights made the score 5-1 three minutes later when Cremo fed Bouger, who put the ball home for the hat trick.

The non-league win moved St. Michael's to 4-11-1 overall, while Johnson St. dropped to 6-5-1.

Intramurals

By Sarah Goodrich
Guest Columnist

• Thanks to Craig Davignon and Ole Tangen for participating in the Rollerblading Competition Oct. 2. Ole won both the 5K race (13:34) and obstacle course (33:72).

• Congratulations to "Dream Team," winners of the four team softball league.

• Congratulations to "KC & the Sunshine Band," winners of the Frisbee Tournament Oct. 16.

• The volleyball league finals are tonight at 6 p.m. "The Mad Bombers," the only undefeated team at 10-0, were seeded #1. "Quest for Glory" (9-1), "Senior Slide" (8-2) and "Dilated Pupils" (6-4) followed. "The Achains" won the sportsmanship rating with a 4.9 out of 5 (all records as of Oct. 20).

• In the Double Elimination Ping Pong Tournament, Murat Djumadillaen is the only undefeated participant. Mitsu Nishian and Jeff Caulfield will play in the finals of the losers bracket to determine who will face Djumadillaen in the finals.

• Sign up for the All Around Shooting Contest (takes place Nov. 9 at 7 p.m.). There is a men's and women's division. Events include a hot shot competition, free throw competition, 3-point shooting contest and knockout.

• Enter the Tour de Knight. It starts Oct. 31. A bike race touring Vermont (456 miles) by riding stationary bikes in the Fitness Center. Participants go at their own pace and keep track of their miles.

Yeah...

This semester I've really gotta buckle down.

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SPORTS

Alternative sports

Horseback riding: A way to see foliage in Vermont

By Michael Maloney
Staff Writer

Horseback riding is one way to take in the crisp mountain air and view the color-speckled mountain sides of Vermont this time of year.

Some St. Michael's students have taken to the sport as a way to fill their weekend afternoons.

"We thought that we'd take advantage of Vermont's beauty, said senior Michele Avena.

Avena and her roommates have gone horseback riding at the Happy Hollow Stables in Hinesburg, Vt.

"People come out to see the foliage, and enjoy the scenery and good weather," Peggy Cook, a trail guide at Happy Hollow, said.

Happy Hollow and the Georgia Center Stables in Georgia, Vt. both offer guided tours and are only a twenty minute drive from campus. Reservations for both places are required ahead of time.

Trail guides from Happy Hollow and the Georgia Center said the saddle is the only necessary equipment needed to ride.

For riding apparel, any clothing that is comfortable is recommended, Georgia Center Trail Guide Pat Lajoie said.

Students do not need experience to go horseback riding.

"Ninety percent of all our clients

do not know how to ride," Lajoie said.

Lajoie said all beginners at the Georgia Center are given a brief course on proper posture and how to stop and turn the horse.

There are different horses for each experience level, and those riders with little experience are given the best trained horses, she said.

"My roommates forced me to go," Tara Shea said. Shea, one of Avena's roommates, said she was given a horse that was rather inexperienced and ended up crying out of frustration.

Even though she was given a "bad" horse, Shea said, "Overall it (riding) was a very good experience. All of the other horses were great as I just got stuck with a bad one."

Shea said the ride was gorgeous and she wants to go again.

Avena, who describes herself as barely experienced, said she had a great time riding. "You are in complete control and almost on your own," she said.

Each person is responsible for taking their horse out of the stable and mounting, or getting on, it without any help, she said.

However, Avena added that while the trail guide assigned is always present, she and her friends

would sometimes lose sight of the guide because they would get too far ahead of her (the guide).

The two riding stables offer different terrains. The ride at Happy Hollow is on a mountain, and according to Avena, is a good way to view the countryside.

It costs \$12.60 per hour. The staff can take up to five beginners or four intermediate to experienced riders at a time.

Georgia Center Stables' trail is on flat surface. The tours are an hour and a half long and cost \$15. There is one guide for every five people, and up to 24 riders can go at one time.

The horses are not allowed to canter or trot, which probably turns off some of the college crowd, Lajoie said.

This type of riding is not allowed because there is not enough clientele demand and it is not safe, she added.

Lajoie said he recommends fall and spring are the best seasons to go riding.

Avena said she had an awesome time. "The ride itself is beautiful, and I will definitely go again."

Anyone hoping to go this year should plan the trip quickly because the season ends with the first snowfall.

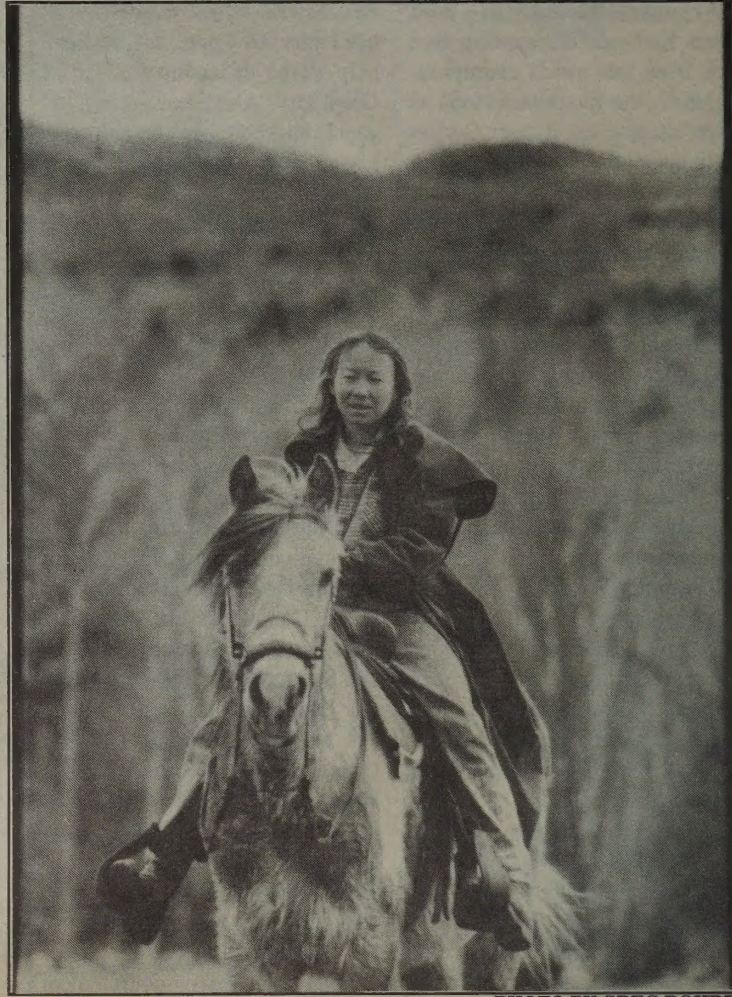


PHOTO BY GREG ROHDE

A trail guide at Happy Hollow takes in the beauty of Vermont at the local horseback riding facility.

Cross Country looks to continue solid season at NE-10 Finals

By Matthew Evans
Staff Writer

The St. Michael's men's and women's cross-country teams continued their solid season with a second place finish overall in this year's Vermont State Meet Oct. 7.

"Coming off our best finish in recent years from the state competition, we're now setting our sights on the conference championship," senior co-captain Dan Johnson said.

"We're (the men's team) a solid unit from the fourteenth man to the number one man. We're having a successful season, but haven't reached our potential yet," Johnson said.

Of the 14 members of the men's team, all nine of last year's runners have returned, along with freshmen Darryl Ames, Adam Ashe, Robert

Bergeron, Brian Houston and Hal Horch.

"The fabulous five, as I like to call them, can finish anywhere on any given day," Men's Coach Zaf Bludevich said.

With the season already half over, the men's team finished second at the St. Anselm's and St. Michael's Invitationals.

Bludevich is optimistic about the team's chances of winning the NE-10 Championships "We might take it. St. Michael's has never won this meet, it's the biggest race of the year, and we're a legitimate contender," he said.

The Lady Knight runners also have their sights set on the Oct. 28 season finale.

"If we work together as a unit, it is realistic for us to finish in the top

four (of the ten school's represented)," Coach Margaret Ford said.

So far this year, the women finished on top in a six-team field at the St. Michael's Invitational, and third at the Middlebury and St. Anselm's Invitationals.

Freshman Claire Pirkle and senior Erin Smyth have led the Lady Knights this season.

Pirkle, who finished second at the Oct. 7 meet, has already been named NE-10 Freshman of the Week three times.

According to coach Ford, the women have finished as high as third and as low as fifth in past conference championships.

"I think if we work hard enough as a team, we could have a second-place finish this weekend," senior runner Jean Finochetti said.

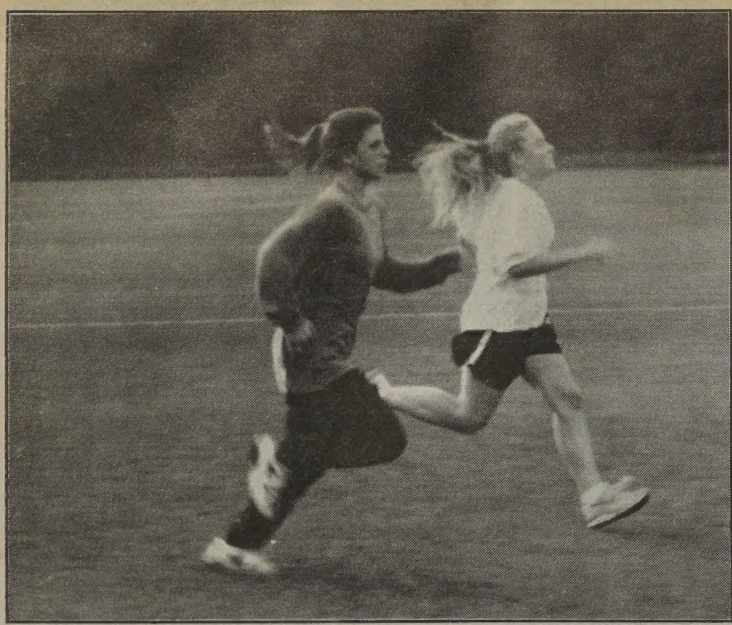


PHOTO BY ROBIN PALMER

Freshman Claire Pirkle and senior Sharon Dempsey sprint hard during a recent Lady Knight's practice.

Lady Knight ruggers destroy Plattsburgh St.

By Ryan Clary
Staff Writer

The St. Michael's women's Rugby team topped off a week of serious practice by stunning Plattsburgh State 42-0 Oct. 22.

The game was dominated by St. Michael's defense, as Plattsburgh State crossed midfield only a few times. Possession of the ball was controlled by a faster, more aggressive St. Michael's offense.

Junior Katie Bomengen and senior Jennifer Coan led the St. Michael's attack, scoring two tries each. Bomengen's two came in the first half.

The outstanding hustle and hard work of sophomore Jenni Caiazza

helped contribute to the Lady Knight's 25-0 halftime lead.

When asked about the game, the team's faculty advisor, Dr. Doug Facey, said sticking to the basics was the answer. "Our goal for this game was to keep the ball moving forward and in our possession. We just ran right at them," he said.

And that they did, as many of the second half scores came on long breakaways which the Plattsburgh State defense just couldn't handle.

Among those that scored single tries for the Lady Knight's were Wendy Sroczynski, Kara Cimon, Kristina Magill, and Dana Dunlap. Dunlap also had the team's only successful kick after a try.



PHOTO BY GREG ROHDE

Senior Jennifer Coan storms down the 300's field during the rugby team's 42-0 blowout of Plattsburgh State.